

# Who We Are

## Background

UMCycle Bike Kiosk is a full-service bike shop at the centre of the University of Manitoba, Fort Garry Campus. We have parts and accessories for sale and do installation, adjustments, and overhauls of all systems of the bike (ie: wheels, brakes, shifters, drive train, steering). We have community-use tools and an outdoor stand available to anyone for free during our shop hours. We are accessible with a ramp leading to the automatic main door.

## History

The UMCycle bike kiosk opened its doors in September of 2017 and was the first project to incorporate Indigenous Planning and Design Principles of interdependence on campus. The Kiosk opened as a part of the University of Manitoba's 2017-2022 Sustainable Transportation Strategy plan, with the goal of making active transportation more accessible to staff and students.

## More Bike Safety Sources

City of Winnipeg - *Bike Infrastructure User Guide*

- @ [legacy.winnipeg.ca](https://www.legacy.winnipeg.ca)

Manitoba Public Insurance - *Cycling 101*

- @ [mpi.mb.ca](https://www.mpi.mb.ca)

Manitoba Cycling Association - *Bicycle Safety*

- @ [mbcycling.ca](https://www.mbcycling.ca)



## Contact Us!

**45 Dafoe Rd W, Winnipeg, MB R3T**

University of Manitoba

Fort Garry Campus at the intersection of  
Curry Place Pedway & Sidney Smith Street

+1-204-474-8484

UMCycle@umsu.ca

Search 'UMCycle' on UMSU.ca

*Prepared by Sorsha Moore-Peters (2024)*

## Cyclist Road Safety Tips

A quick-view guide to road laws  
and cyclist safety in Manitoba

# Where can I ride my bicycle?

## Roads & Bike Lanes

Winnipeg cyclists are allowed to ride their bicycles on motor-vehicle roadways  
Bike-lanes exist on many traffic routes in the city & are marked with signs or paint

## Mixed Use Paths & Parks

Winnipeg has a large network of mixed use paved paths where you can cycle roller-blade, or go running/jogging

# How Can I ride my bike safely?

## Dress for the road!

- Wear a helmet, it will save your life
- Wear lights or bring colours when riding at night or in bad weather
- Gloves and safety glasses can protect your hands and eyes

## Stay Alert!

- Pay attention to traffic
- Don't ride wearing headphones - listen to your surroundings

## Follow the rules!

- Understanding traffic laws
- Learning & using hand-signals
- Know your ability - novice riders should set realistic expectations

# Riding Tips - Right of Way

## What does 'Right of Way' mean?

When you ride on the road, you are a part of traffic! 'Right of Way' refers to who gets to move with priority, anyone else has to wait their turn!

## Who has the 'Right of Way' ?

According to traffic laws, when you ride your bike on the road you have the same right of way as car. This means that;

- Pedestrians have priority at crosswalks and red lights where you may be turning - *let people walk across the street first!*
- When you come to a four way stop sign, the same rules apply to you and to cars
- Always obey yield signs! Yields can be red and white triangles & also apply to cars, or white rectangles that apply to bikes!

**REMEMBER!** - Be cautious of drivers who may not respect these rules, or who may not have seen you before they move on the road

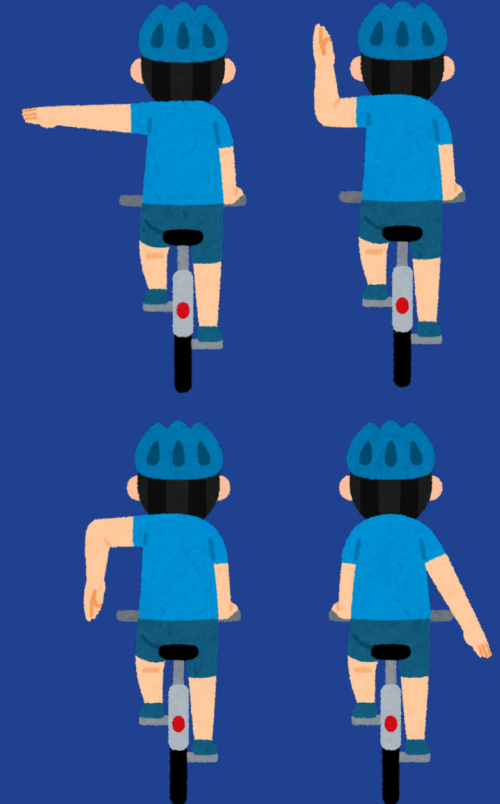
# Riding Tips - Hand Signals

## What Are Hand Signals?

Hand signals are gestures that you can make while riding your bicycle to let others in traffic know your next move! They tell drivers when you are going to stop, if you are going to turn left or right, or just moving over in the same lane!

### LEFT TURN

### RIGHT TURN



### STOPPING

### MOVING OVER

# What Are Bike Lanes?

## What Are Bike Lanes?

- Bike lanes are areas of the road that are made to protect cyclists while riding on the road
- Bike lanes exist so that cyclists can ride at their preferred speeds without the risks from fast moving vehicle traffic
- In Winnipeg, bike lanes are marked with traffic signs, or painted on the surface of the road with green paths or bicycle symbols

## Why Should I Ride In Bike Lanes?

Bike lanes are the safest place to ride on the road, and are a good way for inexperienced cyclists to get more comfortable when traveling on the road

## How Can I Use Bike Lanes?

- A cyclist can use bike lane maps to plan the safest route of travel to their end destination
- New riders should practice road cycling by using protected bike lanes to get used to riding *near* cars but not *between* them and learn to feel comfortable around vehicle traffic

# Know The Road!

## Identifying Winnipeg's Bike Lanes

### Protected Bike Lanes

- Have a small protective concrete barrier between you and traffic
- Protected lanes can be designed for 'one-way' or 'two-way' travel
- These are the **SAFEST** place to ride your bike as a road cyclist

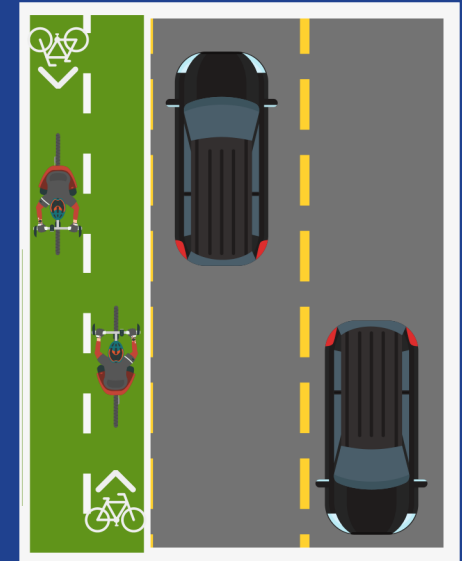
### Non-Protected Bike Lanes

- These areas are still designated for bikes only, but do not have concrete barriers to separate riders from vehicles
- Cyclists must follow any signs/symbols showing the direction of travel - in most cases this will be in the same direction as vehicle traffic

### Diamond Lanes

- These lanes are marked with diamond symbols painted on the surface of the road
- Diamond lanes areas are to be used by cyclists and public buses
- To ride safely in a diamond lane behind a bus, ride at a distance where you can still see **BOTH** of the bus' side mirrors - ***if you can't see them, they won't see you!***

## Two-Way Bike Lane - Paint & Symbol



## Diamond Lane - Symbols Only

