STOP
THE SPREAD OF INFLUENZA

PROVINCIAL PUBLIC HEALTH OFFICIALS ADVISE IF YOU ARE ILL WITH FLU LIKE SYMPTOMS, IT’S BEST TO STAY HOME AND RECOVER.

BEFORE & AFTER USING THIS FACILITY, PLEASE

- Wash your hands thoroughly for 20 seconds with soapy water
- If water isn’t readily available, use an alcohol based hand sanitizer

WHILE IN THIS FACILITY, PLEASE

- Avoid touching your eyes, nose, and mouth
- Cover your coughs and sneezes with your elbow or tissue

Thank you for helping stop the spread.

umanitoba.ca/pandemic