

## Follow up with Your Family Doctor for Diabetes Care

### Please show this letter to your family doctor during your first visit

During your hospital stay your blood sugars were found to be higher than normal. This may mean that you have type 2 diabetes or you are at risk for type 2 diabetes. It is important to know about and treat diabetes early in order to avoid any further heart or other health problems from having high blood sugars.

Make an appointment with your family doctor for about 6 weeks after you go home from the hospital. Take this letter with you.

#### Diagnosed with Diabetes:

Started on diabetes medications (see Discharge Summary)

Hemoglobin A1C Value \_\_\_\_\_ Date Done 

D	D	M	M	M	Y	Y	Y	Y	Y

#### Patient at Risk for Diabetes:

Recommend repeat Hemoglobin A1C or Oral Glucose Tolerance Test (OGTT) in 3 months

Type 2 diabetes learning package provided to patient

If you have any questions either ask your family doctor or call Health Links - Info Santé at 204-788-8200 or no charge dial 1-888-315-9257.