QReserve is intended to provide convenient and remote short-notice booking (ideal for personal training, occupational testing, or a single appointment in an ongoing, previously approved research project) as well as an overview of our spaces. For extended research booking requests, please use the Applied Research Centre – Research Booking form.

Using QReserve:

1. Visit www.qreserve.com and select “sign up” in the top right corner.
2. Enter your email address and create a password. You do not need to enter the “lab website” field.
3. After creating your account, you will be taken to a “My Profile” page. Please enter your first and last name, and complete the Affiliation field. For students and staff of University of Manitoba, please enter “University of Manitoba”. Other information is optional.
4. Enter the “My Memberships” section. Search for the University of Manitoba to find and join “University of Manitoba – Faculty of Kinesiology & Recreation Management” (shown below).

5. Clicking through will lead you to a list of spaces and equipment available for booking requests. Clicking on an item reveals further details, availability, and the option to request a booking for that resource (shown below).