

ANGIOTENSIN-CONVERTING ENZYME (ACE) INHIBITORS

**CAPTOPRIL
FOSINOPRIL
QUINAPRIL**

**CILAZAPRIL
LISINOPRIL**

**ENALAPRIL
RAMIPRIL**

These medications have many uses. It has been prescribed for you to improve the function of your heart and to prevent further complications after your heart attack.

1. Take these medications as directed at regular intervals throughout the day best suited to your personal habits. If you miss a dose, take it as soon as you remember unless it is almost time for your next dose. **DO NOT** double up the next dose to catch up. Continue to take this medication even if you feel well. **DO NOT** stop without your doctor's advice.
2. These medications can be taken with or without food, with the exception of CAPTOPRIL, which should be taken on an empty stomach, 1 hour before meals.
3. This medication will reduce your blood pressure. If you experience dizziness, do the following:
 - Sit or lie down immediately
 - Walk slowly up & down stairs
 - Change your body position slowly
 - Dangle your feet over the edge of the bed before getting up.*Tell your doctor if dizziness continues to be a problem and have your blood pressure checked.*
4. Avoid alcohol, strenuous exercise, hot showers/baths, as they may increase the low blood pressure effect.
5. This medication may increase your potassium. Avoid salt substitutes or potassium supplements unless prescribed by your doctor. Signs of too much potassium are:
 - Confusion
 - Irregular heart rate
 - Nervousness
 - Numbness or tingling of hands
 - Weak/heavy legs
6. Side effects that should be reported to your doctor:
 - Fever, chills, hoarseness
 - Swelling of face, mouth, hands
 - Difficulty breathing
 - Skin rash, fever, joint pain
 - Reduced amount of urine passedOther side effects (If bothersome, contact your doctor)
 - Chronic dry cough , taste disturbances

NOTE: This information is not intended to cover all possible uses, precautions, interactions or adverse effects for these drugs. Contact your hospital or community pharmacist for more information or any questions.