International Student Success

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What can I do to be a successful student?
Student life = studying + \textit{life}
International student life = studying + life + culture

- food
- language
- social customs and norms
- traditions
- religion
- friends
- family
- work
- romance
- housing
- finance$
- exercise
- sleep
- weather
- academic standards and expectations
- rules and regulations
- academic standards and expectations
Cultural adaptation is a process...

Honeymoon phase: I love it here! ❤

Hostility phase: I hate it here! 😞

Acceptance phase: It’s not perfect, but it’s not bad! 😊

Adaptation phase: It’s a process... 😊
What can I do to be a successful international student?
My personal advice is…

Learn to ask for help!

Everyone at ICS and the University of Manitoba wants to see you succeed!!!