

Contact information

Contact information, websites and phone numbers

Benefit	Provider	Contact information	
Supplementary Health Insurance Healthcare Spending Account	Great West Life Assurance Company Group Policy Number 20778	Website: www.greatwestlife.com For your claims inquiries and information: 1-800-957-9777	Register on group net for plan members to submit claims, review claims history, request replacement cards, Global Medical Assistance cards, confirmation of coverage letters for travel to certain destinations, etc.
Dental Insurance	Manitoba Blue Cross Group Policy # 67000 - Full time benefits 67025- Part time benefits	Website: www.mb.bluecross.ca For claims inquiries and information: 1-800-873-2583 or 204-775-0151	Logon and register on customer e-service to view claims history and status of current claims, sign up for direct deposit, request cards, etc.
Employee Assistance Program (EAP)	Shepell.fgi GEAP Policy #165370 Service Agreement with Great West Life Assurance Company	Website: www.shepellfgi.com Phone number for immediate and confidential assistance 24/7/365. English 1-800-387-4765 French 1-800-361-5676	This website contains online tools and resources and articles on wellness.
Staff Benefits Booklets and claim forms		Website: www.umanitoba.ca/admin/human_resources/staff_benefits/ Staff Benefits Office 204-474-7428	To download benefit booklets, claim forms, staff benefits bulletins, etc. and to find information regarding benefit coverage and premium rates.
Review your current coverage and registered dependents		Website: https://jump.umanitoba.ca/ Staff Benefits Office 204-474-7428	Logon and click on the HR tab to access your employee self-service portal. On the tab "My Benefits" you will be able to verify your covered dependents, designated beneficiaries and levels of coverage.