Certificate in Applied Counselling

Make a difference for others with this program.

Gain effective strategies to provide useful guidance

PROGRAM DESCRIPTION: Applied Counselling is an introduction to the counselling process, to help you develop effective counselling strategies. Whether you work or volunteer in health care, education, social services, or government, this is excellent professional development for those in a counselling role. If you do not have counselling experience, it is recommended that you seek out an opportunity to practice the skills you will learn with clients on a regular basis. The program is not intended to be therapeutic. You are expected to have dealt with your traumatic issues in some manner prior to entering the program.

SKILLS AND COMPETENCIES: Learn strategies to help you provide objective and useful guidance in personal and social scenarios for individuals or groups.

PROGRAM LENGTH: 2 to 5 years, part-time

DELIVERY: Online *subject to change

FEES:

- **General Stream** - Total cost: $5,549.^{25} for required courses, plus electives and $100 non-refundable application fee
- **Specialization in Addictions Studies** - Total cost: $6,321$^{.00}$ for required courses, plus electives and $100 non-refundable application fee

Pricing subject to change without notice

CREDENTIALS: Earn a University of Manitoba Certificate in Applied Counselling.

STREAMS: Choose from General Stream or Specialization in Addiction Studies. All courses are now offered by UM Extended Education.

Extended Education | University of Manitoba

28/MAY/2026

"The program was very informative, very rewarding both personally and professionally as far as skills I could apply in my daily life and work. Being more supportive versus advice-driven, that's the difference. As a counselor, you are more of a listening ear and sometimes people just need to know they are the experts on their own life and the things they need to work through. I am more knowledgeable now about resources that I can offer. I thought this program would be helpful to build my skills and my comfort level in helping others… It was very well worth it."

- **Bonnie Murray**, Applied Counselling Grad

Certificate in Applied Counselling Program Overview

Register for course(s) now.

Study course by course. Course fees due at time of registration.

Apply online to the program

Sign in to create an account in our registration system. Choose **Apply to a Program** in the left menu. Select your program and pay your application fee to complete your application. Apply now

Length of program 310 contact hours

General Stream

Required Courses (210 contact hours)

COUN 0100 Counselling Skills - Level I (30 contact hours)
COUN 0200 Counselling Skills - Level II (30 contact hours)
COUN 0300 Counselling Skills - Level III (30 contact hours)
COUN 0202 Counselling Theories (30 contact hours)
COUN 0240 Working with Families (30 contact hours)
COUN 0242 Working with Groups (30 contact hours)
COUN 0400 Capstone (30 contact hours)

Elective Courses (minimum of 100 contact hours required)

COUN 0110 Foundations of Case Management (20 contact hours)
COUN 0250 Crisis Counselling (20 contact hours)
COUN 0252 Understanding Family Violence (30 contact hours)
COUN 0254 Caring for the Caregiver (20 contact hours)
COUN 0256 Mental Health Issues and Co-Occurring Addictions in Human Services Delivery (30 contact hours)
COUN 0258 Anger Management (20 contact hours)
COUN 0260 Resiliency and Indigenous Youth: Working in Respect and Reciprocity (30 contact hours)

Specialization in Addiction Studies

Required Courses (250 contact hours)

COUN 0100 Counselling Skills - Level I (30 contact hours)
COUN 0200 Counselling Skills - Level II (30 contact hours)
COUN 0300 Counselling Skills - Level III (30 contact hours)
COUN 0202 Counselling Theories (30 contact hours)
COUN 0240 Working with Families (30 contact hours)
COUN 0242 Working with Groups (30 contact hours)
COUN 0400 Capstone (30 contact hours)
ADDC 100 Fundamentals of Addiction (20 contact hours)
ADDC 200 Pharmacology of Mood-Altering Drugs (10 contact hours)
ADDC 300 Recovery Oriented Practice (10 contact hours)

Elective Courses (minimum of 60 contact hours required)

ADDC 902 Older Adults: Substance Use and Gambling (10 contact hours)
ADDC 903 Family Dynamics: Substance Use and Gambling (10 contact hours)
ADDC 904 Family Violence and Addictions (6 contact hours)
ADDC 905 Understanding Gambling and Gambling Behaviour (10 contact hours)
ADDC 906 Women: Substance Use and Gambling (10 contact hours)
ADDC 907 Youth: Substance Use and Gambling (10 contact hours)

Course information is subject to change without notice.
For the latest information, check our website.

UMExtended.ca

University of Manitoba

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This document is available in alternate formats upon request to extedmktg@umanitoba.ca