FRIDAYS AT THE UNIVERSITY
BANNATYNE CAMPUS CPD PROGRAM FOR PRIMARY CARE

CHRONIC PAIN MANAGEMENT:
AN INTERPROFESSIONAL LEARNING EVENT

Friday, April 8, 2016 | 0820 — 1530
Frederic Gaspard Theatre | 745 Bannatyne Ave. | University of Manitoba
**COURSE OVERVIEW:**
People with chronic pain pose real challenges to health care providers. This dynamic interprofessional education event will equip you with the knowledge and skills to approach these patients/clients in a positive and hopeful way and to make a difference in their lives. Doctors, physiotherapists, nurses, pharmacists, occupational therapists and other health providers are welcome! This day forms part of the “Fridays at the University” series offered by the University of Manitoba.

The day will feature Debbie Patterson, a compelling expert from Alberta who blends the neuroscience of chronic pain with an emphasis on our critical role as “coaches.” Other speakers will touch on important topics like fibromyalgia and non-opioid medications, and we'll hear a moving firsthand account from a person with chronic pain. There will be a strong focus on the community resources you can draw on and refer to in your day-to-day practice. Please join us for this exciting education event!

And stay for our afternoon skills workshop that will give you practical exposure to office-based rehabilitation therapy for chronic pain patients, including TENS and other modalities that FPs and others can implement in their offices. Separate registration is required for this Mainpro C accredited event, and numbers are limited!

**THIS PROGRAM WILL BE OF INTEREST TO:**
Family physicians, nurses, pharmacists, physician assistants, physiotherapists, occupational therapists, specialists and other health care providers. [Click here to register.](#)

**8:20 - 13:25 — MORNING SESSION**
Frederic Gaspard Theatre  |  Basic Medical Sciences Building

**AGENDA**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>0745-0820</td>
<td>Registration and Coffee</td>
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<tr>
<td>0820 - 0830</td>
<td>Welcome and Introductions - <a href="#">Jeffrey Sisler</a></td>
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<td>0830 - 0845</td>
<td>Patient Story - <a href="#">Jennifer Newman</a></td>
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<td>0845 - 0945</td>
<td>Keynote Presentation - The Brain and Pain: Coaching for Control - <a href="#">Debbie Patterson</a></td>
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<tr>
<td>0945 - 1030</td>
<td>Fibromyalgia: The Management of Chronic Widespread Pain - <a href="#">Ryan Skrabek</a></td>
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<td>1030 - 1115</td>
<td>The Chronic Pain Vending Machine: Making Rational Choices - <a href="#">Jamie Falk</a></td>
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<td>1115 - 1145</td>
<td>Lunch Break — Nutrition and Networking</td>
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<tr>
<td>1145 - 1200</td>
<td>Pain Story Exercise - <a href="#">Lisa Diamond-Burchuk</a></td>
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<td>1200 - 1245</td>
<td>WRHA Pain Clinic: What You Need to Know - <a href="#">Eric Sutherland, Gregg Tkachuk, Karen Malenchak</a></td>
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<td>1245 - 1315</td>
<td>Chronic Pain Resource Fair: Short Snappers About Who Can Help Acupuncture - <a href="#">Rebecca Schorr</a></td>
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<td>WRHA Chronic Pain Group Programs - <a href="#">Lisa Diamond-Burchuk</a></td>
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<td>Getting Better Together - <a href="#">Amy Yonda</a></td>
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<td>Brandon Resources</td>
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<td>1315 - 1325</td>
<td>Concluding Activities and Remarks, - <a href="#">Jeffrey Sisler</a></td>
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13:30 - 15:30 — AFTERNOON WORKSHOP
Office Rehabilitative Therapy for Chronic Pain
Rooms R230, R236 & R224 | College of Rehabilitation Sciences Building

COURSE OVERVIEW:
This hands-on session will review occupational and physiotherapy techniques that may assist the primary care provider with management of the chronic pain sufferer.

COURSE OBJECTIVES
At the conclusion of this educational activity, the participant should be able to:
- Complete a pain inventory assessment
- List the various pain modifying rehab modalities available
- Recognize the indications and limitations of various pain modifying rehab modalities
- Identify the pain treatment resources in your community

OUR MISSION:
The Continuing Professional Development (CPD) Program of the College of Medicine strives to improve the quality of health care in Manitoba by providing excellent, needs-based educational activities to physicians and other health professionals that produce changes in knowledge, skills, attitudes and behaviours.
**SPEAKERS:**

Cara Brown, OTReg(MB), MSc.  
Occupational Therapist, Instructor  
College of Rehabilitation Sciences  
Faculty of Health Sciences  
University of Manitoba

Lisa Diamond-Burchuk, OTReg(MB)  
Instructor  
College of Rehabilitation Sciences  
Faculty of Health Sciences  
University of Manitoba

Jamie Falk, BScPharm, PharmD  
Assistant Professor  
College of Pharmacy  
Faculty of Health Sciences  
University of Manitoba

Karen Malenchak, BMRPT  
Physiotherapist  
Health Sciences Centre

Jennifer Newman  
Student – Physician Assistant Program  
College of Medicine  
Faculty of Health Sciences  
University of Manitoba

Debbie Patterson  
Pain Solutions Inc.  
Calgary, Alberta

Rebecca Schorr, BSc.PT  
Physiotherapist, Instructor  
College of Rehabilitation Sciences  
Faculty of Health Sciences  
University of Manitoba

Jeffrey J. Sisler, MD, MCISc, CCFP FCFP  
Vice-Dean, Continuing Competency & Assessment  
Faculty of Health Sciences  
Professor, Dept. of Family Medicine  
College of Medicine  
University of Manitoba

Ryan Quinlan Skrabek, MD, FRCPC  
Section Head, Physical Medicine and Rehabilitation  
Medical Director, Rehabilitation, WRHA  
Rehab/Geriatrics Program  
Amputee Rehabilitation Service Chief  
Pain Clinic Attending Physician, Department of Anaesthesia  
Assistant Professor, Department of Medicine  
College of Medicine  
University of Manitoba

Eric Sutherland, MD, FRCPC  
Assistant Professor  
Dept. of Anesthesia, College of Medicine  
Faculty of Health Sciences  
University of Manitoba

Gregg Tkachuk, MD, FRCPC  
Assistant Professor  
Clinical Health Psychology  
College of Medicine  
Faculty of Health Sciences  
University of Manitoba

**CanMEDS ROLES INTEGRATED IN TODAY’S PRESENTATIONS**

**Medical Expert:**
As Medical Experts, physicians integrate all of the CanMEDS Roles, applying medical knowledge, clinical skills, and professional attitudes in their provision of patient-centered care. Medical Expert is the central physician Role in the CanMEDS framework.

**Collaborator:**
As Collaborators, physicians effectively work with patients, families, and the healthcare team to achieve optimal patient care.

**Communicator:**
As Communicators, physicians effectively facilitate the doctor-patient relationship and the dynamic exchanges that occur before, during, and after the medical encounter.

**Scholar:**
As Scholars, physicians demonstrate a lifelong commitment to reflective learning as well as the creation, dissemination, application and translation of medical knowledge.

**Health Advocate:**
As Health Advocates, physicians responsibly use their expertise and influence to advance the health and well-being of individual patients, communities, and populations.
FEES

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<tr>
<th></th>
<th>Morning Session</th>
<th>Afternoon Workshop</th>
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<tr>
<td>Physician:</td>
<td>$175</td>
<td>$150</td>
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<td>Nurse and Allied Health:</td>
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<td>$35</td>
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<td>Resident:</td>
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Annual Fee for 8 Sessions

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<tr>
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<tr>
<td>Physician:</td>
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<tr>
<td>Nurse and Allied Health:</td>
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<td>Resident:</td>
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ONLINE REGISTRATION

Methods of payment are by VISA or MasterCard only (AMEX or any other card will be declined). Following is the direct link to the webpage:

AM: [events.cpdumanitoba.ca/startup/new_recovery/BC-2015-16](events.cpdumanitoba.ca/startup/new_recovery/BC-2015-16)
PM: [events.cpdumanitoba.ca/startup/new_recovery/CPWshpApr8](events.cpdumanitoba.ca/startup/new_recovery/CPWshpApr8)

REFUND POLICY

A registration refund will be made upon written request prior to the date of session. A $30 administrative fee will be retained. No refunds will be made for cancellations after the session date.

REIMBURSEMENT OF REGISTRATION FEES

Physicians may be eligible for reimbursement of registration fees and expenses from a fund administered by Doctors Manitoba. Visit [docsmb.org](docsmb.org) or call 204-985-5888 for more information.

DISCLOSURE OF CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers participating in this event are required to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material.

MBTELEHEALTH

This program is open registration for MBTelehealth sites. Please contact your local telehealth representative to connect your site. To receive credits, and view speakers’ presentations, you must also be a paid registrant for this event.

EXHIBITORS

- Neil John Maclean Health Sciences Library

CONTACT:

Karyn Iversen, Program Coordinator
College of Medicine, Faculty of Health Sciences,
Continuing Professional Development, University of Manitoba
260 Brodie – 727 McDermot Ave. | Winnipeg, Manitoba | R3E 3P5
Phone: 204-480-1368 | Fax: 204-789-3911 | Email: Karyn.Iversen@umanitoba.ca

ACCREDITATION

The University of Manitoba’s Division of Continuing Professional Development (CPD) Medicine Program is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

STUDY CREDITS

AM Session: Mainpro-M1

This event meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited by the CPD Medicine Program, Faculty of Health Sciences, University of Manitoba for a maximum of 4.5 Mainpro-M1 credits.

AM Session: Maintenance of Certification

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada, and approved by the CPD Medicine Program, Faculty of Health Sciences, University of Manitoba for a maximum of 4.5 hours.

PM Workshop: College of Family Physicians of Canada Mainpro-C

This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for 2.0 Mainpro-C credits.

Participants should only claim credit for the actual number of hours attended.

PLANNING COMMITTEE

Jeffrey Sisler, MD, MCISc, CCFP, FCFP (Chair)
Christine Polimeni, MD, CCFP
Lisa Diamond-Burchuk, OTReg(MB)
Barb Daien
Jennifer Potter
Erin Setek
Erin Stoesz
Shannon Telfer
Karyn Iversen

umanitoba.ca/cpd