

# URBAN STREAM

DEPARTMENT OF FAMILY MEDICINE



In a diverse population of almost 700,000 people, you'll find ample opportunities to make an impact.

Experiences in family medicine are provided by your primary preceptor and can include outpatient and office-based care, home visits, caring for patients admitted to hospital, and following maternity patients through pregnancy and delivery.

During your residency at Seven Oaks Hospital's Kildonan Medical Centre (KMC) or St. Boniface Hospital's Family Medical Centre (FMC), you will participate in hospital rounds as well as in-clinic patient visits. This wide range of practice environments guarantees learning experiences alongside inter-professional faculty members such as dietitians, pharmacists and nurse practitioners.

You'll also experience eight weeks of Family Medicine Block Time (FMBT) in rural Manitoba, helping you become a well-rounded family physician no matter where your future practice takes you. The variety of exposures across the urban stream allow you to fully explore the discipline of family medicine and identify where your strongest interests lie.

## BENEFITS

**Diverse learning environments** - A wide range of practice environments guarantees learning experiences alongside inter-professional faculty members such as dietitians, pharmacists and nurse practitioners.

**Exceptional education** - Study with the best. Many of our faculty are involved in research that influences how healthcare is delivered in Manitoba and beyond.

**Simulation labs** - Apply the theory you've learned in a low-risk setting. Test your skills on mannequins that simulate a variety of conditions, complete with readings and reactions that provide crucial feedback.

**Elder in residence** - Receive guidance from our Elder in residence. All students, faculty and staff at the University of Manitoba are welcome to access this service.

## FEATURES

Residents practice all the tasks done by their preceptors:

- Clinic appointments
- Emergency room coverage
- Minor procedures
- Surgical assists
- Intrapartum and postpartum care
- General in-hospital admissions
- Palliative care
- Visits to personal care homes
- Home visits



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Training occurs at Family Medical Centre (FMC), Kildonan Medical Centre (KMC) and Access River East (associated with KMC).

KMC is located in Seven Oaks General Hospital, which serves the ethnically diverse North End of Winnipeg. The hospital's mission places significant focus on wellness and health promotion. In keeping with this, attached to the hospital is a state-of-the-art fitness facility, the Wellness Institute. KMC includes six academic family physicians, one social worker, one dietitian and experienced nursing support.

FMC is associated with the St. Boniface General Hospital, one of Winnipeg's two major tertiary hospitals. Founded in 1973, FMC is one of Canada's most established family medicine teaching facilities. The centre includes six academic family physicians, one social worker, one dietitian, experienced nursing support and an on-site procedure room for training residents in minor surgical procedures.

Access River East, a clinical teaching practice located in the East/ North Kildonan community of Winnipeg, is associated with Concordia Hospital, one of the largest family medicine bed bases in Canada. Its collaborative team consists of five family physicians, two nurse practitioners, four nurses, one dietitian, one speech language pathologist, midwives, and shared care psychiatry/counselling.

## FIRST YEAR

In first year, residents are paired with a primary preceptor and see a wide variety of patients. Five months of FMBT in the first year allows for continuity with a defined panel of patients. Time is provided for self-directed learning in areas such as dermatology, radiology, emergency care and family planning.

## SECOND YEAR

To ensure a well-rounded experience and education, eight weeks in the second year are spent in a rural Manitoba community. Protected time is provided for FMBT in areas of psychiatry, orthopedics, geriatrics and community medicine.

For more information about this stream, visit our CaRMS section at [www.camsc.ca](http://www.camsc.ca)



### Disclaimer

The Department of Family Medicine reserves the right to make changes to the information contained in this fact sheet without notice. Visit our website to ensure you have the latest details.

### CONTACT

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