Elective: Psychiatry/General (SBGH)

OVERVIEW

This rotation will include the clinical management, interdisciplinary treatment and academic review of literature regarding patients with major mental illness. The Ambulatory Care Service at St. Boniface Hospital provides ongoing treatment of patients with major mental illness.

INTRODUCTION

Location(s):
St. Boniface General Hospital (SBGH)

Contact Person:
Dr. Rajat Jayas, Program Director
Ms. Karen Simpson, Program Administrator

LEARNING OBJECTIVES (CanMEDS)

Medical Expert
The student will demonstrate medical expertise by demonstrating an ability to competently manage chronic mental illness by eliciting an appropriate history, mental status examination, appropriate physical examination and investigative tests to develop individual treatment plans that are medically appropriate. This will be demonstrated in both written and oral communication with other health care professionals, patients and their families.

Communicator
The student will develop effective, clear communication skills in the context of working with patients with chronic mental illness. This will be demonstrated by (1) their ability to relate in a verbal form to patients, their families and other health professionals in a respectful, empathic and confident manner, (2) in the context of information gathering both clinically and academically, (3) in written form in health records as well as written communication to other health professionals engaged in patient care.

Collaborator
The student will demonstrate clear and respectful consultations with other physicians, health care professionals, patients and their support systems.

Manager
The student will demonstrate a progressive degree of independence in managing direct patient care with other professional, educational, and non-direct patient care commitments.

Health Advocate
The student will demonstrate appropriate skills in health advocacy in their work with patients with chronic mental illness in the areas of individual treatment, in the context of working with patients' families and support systems.

Scholar
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The student will continue to participate in structured group learning experiences, Grand Rounds, didactic sessions, cross service rounds, interviewing skills as well as individual self-directed learning as it relates to treatment of patients with chronic mental illness.

Professional
The student will demonstrate ethical, moral and respectful standards in their interactions with team members, patients and their support systems.

INFORMATION

Required Reading
The student will meet with their supervisor on a weekly basis to discuss the following topics or other topics relevant to treatment of patients with a chronic mental illness:

- Principals of psychosocial rehabilitation
- Psychopharmacology of chronic illness
- Psychotherapy of chronic illness
- Mental health reform and the move to community care
- The Mental Health Act and current research in this area.

Expectations
The student will take part in treatment of patients in the program who are in various stages of treatment. The student will be part of the multidisciplinary team working with nursing, occupational therapy and social work. They will be involved in the development of a treatment plan, ongoing care and long term planning.

The student will participate with outpatient clinics including general clinic, depot clinic and clozapine clinic.

The student will be required to participate on the inpatient unit for patients from this service that are admitted to the inpatient unit.

WARD ACTIVITIES

Service Rounds
Rounds will occur every Wednesday at 0915 with the multidisciplinary team.