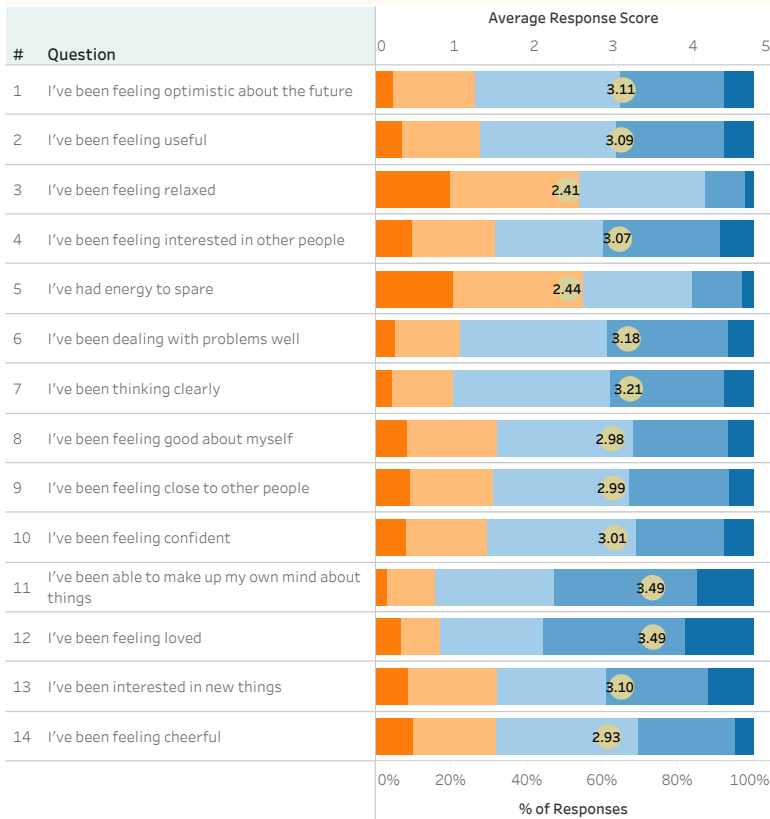


CCWS - Winter - 2024 Mental Health Assets

Mental Wellbeing

Please choose the box that best describes your experience of each over the last 2 weeks.

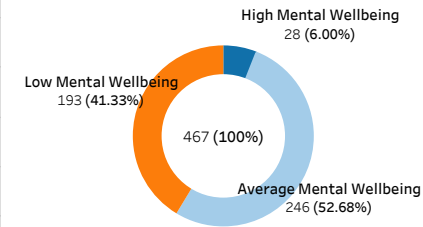


Response

- 1 = None of the time
- 2 = Rarely
- 3 = Some of the time
- 4 = Often
- 5 = All of the time

Mental Wellbeing Total

Sample Size = 467



Categories

- High Mental Wellbeing
- Average Mental Wellbeing
- Low Mental Wellbeing

Summed Score of 14-items of mental wellbeing, with higher scores reflecting greater wellbeing. (Reference: <https://warwick.ac.uk/fac/sci/med/research/platform/wemwbs/using/how-to/>)

<40 = Low Mental Wellbeing
41-58 = Average Mental Wellbeing
59-70 = High Mental Wellbeing

Domestic/International	All
Credential Type	All
Indigenous	All
Full-Time/Part-Time	All
New to Institution	All
Year Standing	All
Age Group	All
Gender	All
Ethnicity	All
Average Grade	All
Finance Stress	All
Born in Canada	All
Parents Born Outside of Can..	All
Disability	All