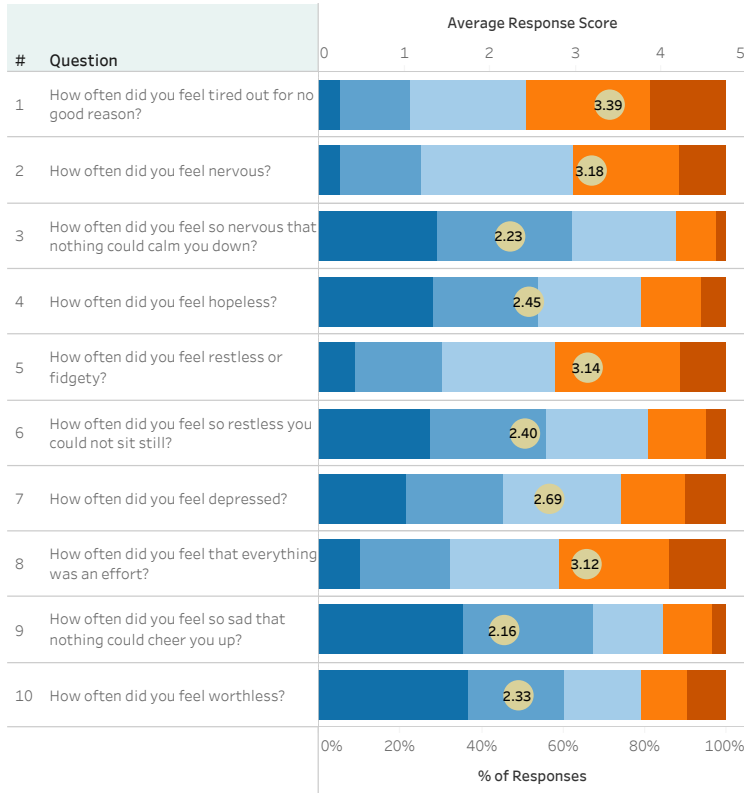


CCWS - Winter - 2024 Mental Health

Mental Distress

These questions concern how you have been feeling over the past 30 days. Choose the answer that best represents how you have been feeling. During the last 30 days:

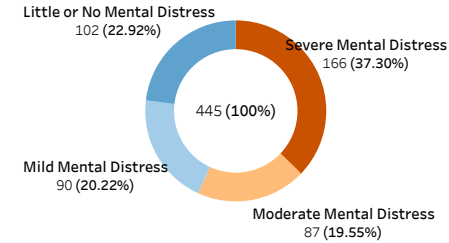


Response

- 1 = None of the time
- 2 = A little of the time
- 3 = Some of the time
- 4 = Most of the time
- 5 = All of the time

Mental Distress Total

Sample Size = 445



Categories

- Severe Mental Distress
- Moderate Mental Distress
- Mild Mental Distress
- Little or No Mental Distress

Summed Score of 10-items of K10, with higher scores reflecting more mental distress (Reference: https://www.tac.vic.gov.au/files-to-move/media/upload/k10_english.pdf)

- <20 = Little or No Mental Distress
- 20-24 = Mild Mental Distress
- 25-29 = Moderate Mental Distress
- 30-50 = Severe Mental Distress

Domestic/International	All
Credential Type	All
Indigenous	All
Full-Time/Part-Time	All
New to Institution	All
Year Standing	All
Age Group	All
Gender	All
Ethnicity	All
Average Grade	All
Finance Stress	All
Born in Canada	All
Parents Born Outside of Can..	All
Disability	All