# PRE-DOCTORAL RESIDENCY PROGRAMME IN PROFESSIONAL PSYCHOLOGY STUDENT COUNSELLING CENTRE (SCC)



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The Student Counselling Centre (SCC) at the University of Manitoba invites applications to our CPA accredited Pre-Doctoral Residency Programme in Professional Psychology. The SCC Residency has been accredited since 1991 and is one of only five post-secondary counselling services in Canada to be accredited. Our Residency invites applications from qualified candidates in APA or CPA accredited Counselling Psychology and Clinical Psychology programs.

why train with us? We offer a unique, student-centered training experience within a dynamic and challenging clinical environment. As the primary mental health service for a campus of 32,000+ students, the SCC will provide you with the opportunity to work with a very diverse clientele, including Indigenous students and international students from more than 100 countries. You will also be exposed to a full range of presenting issues, including acute and chronic mental conditions, co-occurring disorders, and developmental concerns. To enhance your training, a one day a week placement at New Directions, a large social services agency in downtown Winnipeg, in the Multidisciplinary Assessment and Consultation Centre (MACC) has been established.

We employ a developmental training model with ongoing concurrent experiences that we believe best prepares you for your future work as a Psychologist. We will work with you to identify your interests, strengths and training needs to develop a Residency year that will facilitate you reaching your professional goals. The cumulative training experience we provide continually builds your knowledge and skills and helps you develop professional management skills key for future success.

To prioritize your development, the SCC devotes significant resources to supervision and training. You'll receive an average of five hours of supervision weekly with opportunities for professional consultation on a daily basis. In addition, we also provide a training seminar focusing on topics such as diversity, advocacy, case conceptualization, crisis counselling, and more.

#### WHAT OUR PAST RESIDENTS (INTERNS) HAD TO SAY:

"The most valuable part of the internship for both my academic job and private practice was the excellent supervision I received and of course, the opportunity to work with a wide range of clients. I wish I could have had another year of training at the SCC."

"This internship had a huge impact on my professional development and was incredibly rewarding."

#### **UNIQUE TRAINING EXPERIENCES:**

- Offering culturally-relevant mental health services in our Indigenous Student Centre (Migizii Agamik);
- Didactic and experiential training in supervision, including supervised practice as the primary supervisor of a master's level practicum student;
- Career counselling and outreach training;
- Assessment training in our Learning Disability Services Clinic;
- One day a week placement at New Directions, a large social services agency in downtown Winnipeg, in the Multidisciplinary Assessment and Consultation Centre (MACC). MACC supports individuals across the lifespan and opportunities will be developed based on the interest of the Residents (e.g., working with children and youth, families, and couples; working with children and adults with disabilities; consultation opportunities with staff teams; psychological assessment etc.).
- Receiving training and experience in individual crisis counselling and large-scale trauma debriefings;
- Opportunity to develop and facilitate your own groups and workshops.

**OUR PAST RESIDENTS** Our residents have gone on to successful careers in a variety of settings in Canada and the United States including:

- Post-secondary counselling centres (as staff, Training Directors, and Directors); •
- Academic and clinical faculty positions;
- Community agencies:
- Hospital and medical settings;
- Private practice.

MORE ABOUT OUR RESIDENCY We highly value life balance and selfcare and will work with you to facilitate a memorable and enjoyable experience that will prepare you for future success. To help with this, your work week and year will include:

- Work hours from 8:30 am to 4:30 pm weekdays with no on-call times;
- Four weeks paid vacation, all statutory holidays, and 10 additional paid days during the December holiday closure;
- A comprehensive staff benefit package including extended medical and dental coverage;
- Your own fully equipped office at the Student Counselling Centre.

The University of Manitoba is our region's largest and only research-intensive university offering 100 academic programs, including professional disciplines such as medicine, law and engineering. The University of Manitoba campuses are located on original lands of Anishinaabeg, Ininiwak, Anisininewuk, Dakota Oyate and Dene, and on the National Homeland of the Red River Métis, and is home to a thriving community of Indigenous researchers, staff and more than 2,000 First Nations, Métis, and Inuit students.

With an ethnically diverse population of over 800,000, Winnipeg is the ninth largest city in Canada and has been described as the "cultural cradle of Canada" and offers an array of talented artists, significant architecture, award-winning musicians and athletes, and legendary festivals and cultural events.

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### STUDENT COUNSELLING CENTRE (SCC)

Location: 474 University Centre

Phone: 204-474-8592

Hours: 8:30 am to 4:30 pm, Monday to Friday

The SCC also offers services in the Indigenous Student Centre, Migizii Agamik (Bald Eagle Lodge) and other locations at the Fort Garry Campus location of the University of Manitoba. Please call us for more information on these additional locations.

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