## **IDEA START Podcast**

Season 1 | Episode 4





<u>Guest:</u> Brenda M. Stoesz, Research Lead - Science of Teaching and Learning <u>Title:</u> Revolutionizing Teaching with VR: Dr. Brenda Stoesz on Enhancing Educator Communication Skills

Note: Vocalizations such as 'um' and 'ah' have been removed from this transcript for clarity.

## **Introductory Montage**

IDEA START Podcast explores all things creativity, innovation and entrepreneurship. Co-created by IDEA START & The Centre for the Advancement of Teaching and Learning. Join us to move your ideas to impact with University of Manitoba Community.

#### **Introduction**

#### **JANINE**

Today on the IDEA START podcast, we're joined by Doctor Brenda Stoesz. She's an educator. She's a researcher and an innovator. And her project is all around using virtual reality to help educators develop and practice their communication skills so that they can more effectively serve their students. For more information about Brenda's program, see the link in the description. Let's start the conversation.

#### **JANINE**

Brenda, welcome to the IDEA START podcast. We're so excited to have you today.

## **BRENDA**

I'm excited that you asked me to join you. It's such a thrill and I'm really looking forward to this conversation.

## **Main Interview**

#### **JANINE**

Fantastic. The feeling is mutual, I must say, as my teacher heart was thinking about today, I'm really excited to be digging deep into educational innovation. And, we're so excited to have your expertise. To get started, can you tell us just a little bit about yourself, maybe as an educator and a researcher. What might be of interest to our audience?

#### **BRENDA**

Let's see. Well, I have humble beginnings. You know, as a K to 12 trained teacher. And I did that training here at the University of Manitoba; taught high school science and math for a little while; realized that I had more to learn. Oh. But in between, I was also fortunate enough to, work with Assiniboine College as a nurse instructor for a little while, and then came back here to the U of M, fell in love with psychology, and went about my degrees in psychology and brain and cognitive science.



And as luck would have it, back to education in The Centre for the Advancement of Teaching and Learning. So it's been quite an interesting journey.

#### **JANINE**

Well, fantastic. So The Centre, tell us a little bit about that unit here at the university.

#### **BRENDA**

Sure. So here at the university we are exploring different ways to create professional development programs for our faculty. A lot of people will not have a formal training in teaching. And so The Centre is really here to provide those supports. And I started here at The Centre with that, specifically around academic integrity. So that was kind of a new thing. I was really lucky to have been hired for that specific role of promoting academic integrity and helping faculty incorporate really simple things into their teaching to support students in making the right choices. So it's just sort of grown from there. I've been here now for, nine, ten years. So it's been fun. There's always something new and challenging to work on.

And the research is now, a large part of my role. So that's exciting to have a teaching and learning centre with a research unit.

## **JANINE**

Yeah. All right. Well, I think we should get right into this. Brenda is leading, as part of her work, a really exciting and very innovative way of using technology to support instructors. So why don't we get, like, right into that and tell us a little bit about the folks that you're trying to serve in this project?

#### **BRENDA**

Yeah. So, I guess I need to go back a little bit to why I wanted to use technology to support educators. So, in my formal training as an educator in the Faculty of Education here, I did a lot of practicing, practicing in practicums, practicing teaching and micro teaching and then, you know, eventually being able to get into the classroom and work with students and starting my career as an educator when I was doing my graduate studies here in psychology. Learning how to teach is not formalized. And yes, you're required to do seminars and presentation and things like that, but it's not the same as teaching. So when I started here at The Centre, that is what I was really interested in, is how to bring more practice into things. So I did try to bring practice and active learning into my workshops and maybe didn't do it the way I wanted to, but I have been lucky to be able to think about technology, especially because of generative AI. And I have a background in eye tracking and thinking about ways that we can make something interesting to learn in the teaching skills area. And I thought of VR. So I don't have a background in VR necessarily, but I thought it was an interesting way to engage and



maybe interest/motivate people to practice their skills who might not otherwise do it in a different setting.

## **RAJEEV**

This is very interesting. But, you know, before we get into the details of the program, I just want to quiz you a bit on that. Why again?

## **BRENDA**

Yeah.

#### **RAJEEV**

For people who are seeing you for the first time who don't understand this whole context, I think it would be great if you could kind of tell, how is this connected to your role, you know? This practicing thing. How is this connected to your role? Can you tell us a little bit more about that?

#### **BRENDA**

Sure

#### **RAJEEV**

Because you started off talking about ethics and now we are talking about practicing teaching. Where is the connection in that?

## **BRENDA**

Yeah. So I just think about when I first started teaching and not feeling comfortable.

## **RAJEEV**

Yeah.

#### **BRENDA**

With the skills part and being incredibly nervous every time I was teaching. So hands were sweaty and I felt nervous. And I have also watched faculty members. I've been a mentor in the TLC program, which is the Teaching and Learning certificate program here at UM. And watching them teach and noticing some nervousness or maybe some skills that weren't quite honed and wondering about how to help support that.

Yes, you can have conversations about what that would look like, but if I had a way to practice those skills, maybe that would reduce some stress levels. And, you know, just to become, in the public space, public speaking, so to become more comfortable with that. So we can talk a lot



about some of the other parts of teaching, like lesson planning and but those are activities that you do on your own.

## **RAJEEV**

On your own. Yes.

## **BRENDA**

You build these out, there's not really an audience for it. It's just your plan. And how you stay organized. Like that's an important part of teaching, preparing your lesson materials. But that's kind of on your own. You will be presenting them, but you've got to do it in a way that is engaging. And so it's that piece.

I think it's the human connection piece. Which is tricky, has been tricky over the pandemic. Especially, you know, the online learning, asynchronous learning, talking, teaching when you don't see your students, which can be done. But it takes a lot of practice as well. And so what do we do when we're face to face with people?

How do we communicate with them? Motivate them, get them interested in our topic without feeling the need to entertain. We're not entertainers, we don't have to do a song and dance. But it is really helpful, I think, for students, when their faculty, their professor, when their instructor is excited about what they're teaching and can explain it.

# **BRENDA**

And that requires honing communication skills.

# **RAJEEV**

Absolutely. Yeah. So students, if you're listening and your teachers might also get, nervous sometimes and.

#### **BRENDA**

Absolutely.

# **RAJEEV**

It doesn't come to them naturally, I guess. Right.

# **BRENDA**

Yeah. I think that, those students who are very aware, who have that sense of, you know, empathy for their, instructor who may not be the perfect presenter,

## **RAJEEV**

Right.



#### **BRENDA**

Are going to understand that, but others might be frustrated. Why can't this instructor, they're supposed to be an expert, they're a university professor or whatever they are.

Wherever their role. But maybe their instructor is a graduate student as well. And, may not be an expert in teaching, even though they are really studying the content and becoming an expert in that. But it can be frustrating. I have a daughter, who's in her first year of university, so I hear some of the things.

And I also remember from my past experience as well, you know, who are good teachers and who are struggling. And, sometimes the demands are really, really high. So, paying attention to your teaching skills and then taking opportunity to hone them in a safe, safer place is really where I see, the work that I do and doing the research around it so that we can, let our University of Manitoba community know that in our context, these kinds of things work to help build their skills.

Sometimes they may not work in some contexts, but I think here with this kind of way of practicing, the literature shows that VR can support people in learning skills. And so we want to be able to say, hey, this works here too. Come and do this, you'll benefit, long term as well, if you hone your teaching skills and also become better at disseminating your research as well. Right?

**JANINE** 

Yeah.

**BRENDA** 

So.

## **JANINE**

Yeah. So I think I just want to really draw that out because I think that's a really important for our audience, right? That K-12 teachers have a very different route to learning about teaching than adult educators who are, generally speaking, hired more for their expertise. Right? And so the teaching part, the pedagogy, but also these communication skills, those have to be developed kind of as you're in the field already as you're developing those skills.

So I know that for myself and my own experience as a teacher and supporting new, teachers as well.

# **RAJEEV**

So you're thrown in the job and then you have to learn. That's what you're saying.



#### **JANINE**

You kind of do. Yeah. And there's really no substitute until now, maybe for the practice part. And so let's get into that. Let's tell us.

## **RAJEEV**

And now I get it, now I get it. Thanks for clarifying.

## **JANINE**

Tell us more about the solution. How does this work.

#### **BRENDA**

Yeah. So a number of years ago, I mean, I guess to backtrack a little bit more, I'm intrigued by technology. So I love to tinker, learn a little bit more. I don't always have the language, you know, like, I like to understand programing and I like to, I used an eye tracker for my master's, one kind of eye tracker, and for my PhD and then I've done some eye tracking research here in The Centre as well, around how we process, the, visual information in a learning management system, for example. So I'd like to continue with that as well. But the VR intrigued me because I thought, you know, there are people who also like technology, who want to try something new. And, I think the skill development is important. So how do we do that? Well, we can do that in a workshop with very specific activities. But maybe, jumping right into like, public speaking is not the way to go. Maybe we can do that in a relatively safer environment. So, learning should be challenging if it's worth learning.

So it's not going to be just like easy breezy, you know, sit in a lawn chair and, you know, read a book kind of a thing. It is, you come in, they're very short modules. When you're in the VR sessions and, there will be some sort of anxiety just getting used to VR. But then you dive right into the activity and we want people to experience this a number of times so that they can get used to the technology and just how it works, and then move into the learning part of it. So for this first training module or program, we're focusing on communication skills. And so we do start off with a workshop so people can see these kinds of skills can be developed without technology. You know as simple as just speaking to somebody and having some guidance. But we also know that good teaching or good learning happens over time.

#### **JANINE**

Yeah.

#### **BRENDA**

So rather than just having a single workshop, we wanted to extend some of the skills. So there's active listening in the workshop with activities and there's communication with activities and extend that into a different sort of environment, VR, which is perhaps a bit safer for people who



might feel anxious because they're alone in the environment. We don't watch. We step back, we support the person through sort of the technical logistics of it, and then we want them to be able to practice freely.

**RAJEEV** 

Okay.

**JANINE** 

Yeah.

## **BRENDA**

And then, after a few sessions coming together as a group again and talking about like, what was this experience and how will you take these things that maybe are not classroom scenarios, but they are communication, general communication scenarios, and how would you apply them?

So I think that is, something that some people have some difficulty with. How do you take some of the skills you've learned and then apply it to your situation? And so we want to start that process with talking with others who went through the VR sessions and the workshop, and how are you going to take those basic communication skills and then use them to have better conversations with students to support them?

#### **RAJEEV**

So let me just understand this again. So, what you're saying is in this program, people would first come in and do the workshop the traditional way, right, and get to practice basic communication. But since they need more time to do their learning, then they use the VR and then they do the self-practice and they go through that and to see whether they have learned or not, they kind of reflect by doing group sessions.

Is that how things go?

BRENDA

Yes, yes.

**RAJEEV** 

Is that what you're saying?

#### BRENDA

Exactly and also because we try to space it out over, about a month.



## **RAJEEV**

Okay. So all of this is happening over a month.

#### **BRENDA**

Over a month. Yeah. And we know that that can, you know, be a barrier for some professional development.

# **RAJEEV**

Right.

## **BRENDA**

But we really want to encourage that, learning takes time. And also by sort of interleaving it with, if you're actively teaching, you can take whatever you're learning at any point in the workshop or the VR sessions and practice, practice in the real world, and then come back and see how you can, apply that almost right away.

So I think, yeah, I think, I mean, that research shows we need in order to learn, we need repetition, time to practice, be able to apply it. So we really want to take what we know about what works and, incorporate it really thoughtfully into the professional development opportunity.

#### **JANINE**

So, Brenda, can you just walk us through a little bit more about the experience in the room? So here we have a faculty member, an instructor, and they have this VR headset on. And tell us what that's like. What are they really doing in there.

## **BRENDA**

Well I can tell you what my very first experience with putting a VR headset on. Maybe that will help with those first sort of feelings about like, what is this if you've never, put on a headset? And it was, in fact, Joeffer who, I know is one of the people who set up all the technology here, who introduced me to it and gave me a first look. Although I had the idea, I thought this would be good, but I hadn't experienced it myself. And so I put this headset on, and it was just a basic like, this is the environment. Like there was no task I was doing. I was just putting the headset on. It was just a Meta headset. But I put that on and I thought, okay, cartoon world. But now I actually feel like I'm in this, like, I feel like I'm here and just, chatting with some people who use this as a way to connect during the pandemic.

It was interesting how it can kind of trick our brain into feeling like we're in a different place. And I think sometimes when we're in a different place, we feel like we can do other things too, right? And I thought, oh, there's something here that eventually could be part of a future. And so when the opportunity presented itself to apply for a little bit of funding and put an idea together, I just, like, took these things out of my brain, from all the different experiences that I've had.



And I just thought, maybe I could try developing something like this, knowing that it would take some time and, you know, quite a bit of effort and changing the way that we might do things, takes time to get other people on board, but trying to take the risk.

## **RAJEEV**

So when you put it on, the headset, you said you get transported to a different place. But besides that, you know, when, let's say a new teacher takes up this program, tries it for the first time, what are what is the kind of, experiences that they shared? Do they warm up to it immediately, or does it take them time? How does that work?

#### BRENDA

I think what we're trying to do with the sessions, the very first session, is just get used to the fact that you're in a different place and not try to go through the exercises in a perfect way. What I've heard so far is that people want to be able to do the task perfectly right from the start, and that's why we also want to offer multiple sessions of the VR experience.

The first session is okay, get used to this.

## **RAJEEV**

Yeah.

## **BRENDA**

Explore. Look around the room like you're transported into a different room.

## **RAJEEV**

Yeah.

## **BRENDA**

You look down and there's your body, but it's a different body. Like you're wearing different clothes because you've chosen you know, a different avatar.

## **RAJEEV**

Right

#### **BRENDA**

You can look out the window and see there's like something out there and you're looking all around and you're sitting.

And so that's the first experience. Just be in the space, explorer with your eyes. And then when you're ready there are things that you need to do with your hands and controllers. So like test



those all out and play. I know there's research that talks about the importance of play and learning. And you know, as we become adults, we might think play is not for us, but it is.

JANINE Yeah.	
BRENDA So just play and be in that and don't try to have a specific objective right away of learning, being.	just
RAJEEV That's so important.	

**BRENDA** 

I think so.

# **RAJEEV**

Yeah.

## **BRENDA**

And then after that, once you're starting to feel comfortable and you're ready to dive into the modules, the modules that we've selected that guide you through what you should do. And, what's important is not to try to get things perfect, just listen and, you know, go through it. Try not to dwell on mistakes. There's nobody watching except the other avatars, and they're not real, you know, but they feel real.

They may. They may feel real.

# **RAJEEV**

Yeah, yeah.

# **BRENDA**

And then the next time you come in, you know that part, you know how that's going to feel. And then you can start.

# **RAJEEV**

Yeah.



#### **BRENDA**

You know, thinking more about, okay, I'm going to practice some skills so we know there's that time where people just need to get kind of get used to it and also be in awe. Because it is quite something to be in a space that's not quite real but starts to feel real. And I think, just playing and enjoying yourself and exploring now, it won't be for everyone. There are some risks with, VR that we make sure that people are aware of. You know, they may feel they may feel dizzy, they may, you know, it might not be for them if it's not for them, fortunately, they can complete the modules on a desktop computer, or even on their phone.

So if people start to feel uncomfortable with the motion. Although there's not a lot of motion, but everybody's different, there are individual differences. Then we want to have options for people to still engage in the learning, and feel comfortable but not feel that uncomfortable? Physically uncomfortable.

# **JANINE**

Yeah. Brenda, can you just go back to like, what's what specific communication skills could you develop in this that you mentioned? I think active listening was one, but what are some of the other specifics?

#### **BRENDA**

Yeah, just clarity. There's two there's two modules for this. So active listening. So listening to somebody telling you something and then being able to, paraphrase back what they've said, and you're scored on that within, within the module like nobody else sees the scoring. But, you know, making sure you're paying attention to eye contact.

But not too much because that is there's a balance there. So it is the, the skills of listening and also the skills of how your body, is positioned, your eye contact, the clarity of how you're responding back. So it's multifaceted. There's also paying attention to emotions. How the other person might be feeling.

So emotional intelligence or emotional competence or, you know, there's different ways of describing that. So that soft skills. Right. There's no like pipe fitting I know that there's some modules, not in this program. But, different institutions have very hands on kinds of things. So this is, lots of skills in your head really. But then also how do you communicate that code?

**JANINE** 

Yeah.

**RAJEEV** 

Interesting. Okay.



## **JANINE**

What has been the reaction of participants?

#### **BRENDA**

The people who've come in are really engaged. They really enjoy it. The rest of my team has that first hand knowledge, and then I hear the excitement from them that people get started, and then they're just like, oh yeah, they just want to keep doing more. They come back. So everyone that has started has largely finished. So we're looking forward to having more people experience fun and being curious about this and really exploring, something maybe that they haven't ever explored before.

## **JANINE**

Yeah.

## **RAJEEV**

I think this is, so much, about innovation and, taking a complete different approach to solving a problem. What do you think, Jenny? And, I think traditionally as you would not look at using VR sets, you know, to solve this problem maybe. It's easier, I guess, not to go through the whole process of developing this and making an effort and instead look at a traditional workshop, maybe hands on workshop. Right? So, I know your first experience with, VR headsets and, and trying it out kind of played a role. And, but, you know, as an innovator, there are many challenges, right? And, did you ever think that, you know, taking this approach might be difficult? People might that might not be acceptance or, you know, it's quite a thing to do something so unique.

## **BRENDA**

Yes. So having big ideas is not really that that could actually, you know, be realized was not something that I thought was me, you know.

## **RAJEEV**

So you are not a big idea person. Is that what you're saying?

#### **BRENDA**

No. I'm not a big idea person.

## **JANINE**

As you thought I was.



#### **RAJEEV**

Yeah, this is pretty big idea. You know.

## **BRENDA**

I think I always thought that, risks and big ideas were other people's area.

## **RAJEEV**

Well, okay.

#### **BRENDA**

I'm a detail person. I like completing tasks and, you know, logical, sequential and just, getting the job done and not making a big deal of it. That was the other thing too, is that, just let me go about my tasks and.

#### **RAJEEV**

Yeah.

## **BRENDA**

Because I had this fear of public speaking, in the past, even though I was a teacher. Like, what a thing to go be your public speaking. And big ideas were for other people.

## **RAJEEV**

Yes.

## **BRENDA**

You know, and so here, there was an opportunity for funding, and I thought, well, you know, I could write out the big idea, and then if it's not funded, well, then it can just be over. And then I got a little bit of money, a little bit of money to explore. And then I got a little bit more money to explore and support, support from different people in the university. And so that was exciting. But, with that comes some pressure. Okay. Now we need to get people to come in and experience this and how do we do that? That has been a big challenge because I guess it is innovative. So how do we, market this now? I'm thinking about different things, and I need a whole team to do this. It's not a project that one person can complete. I've done projects where 1 or 2 people and you know, this is a whole different level. And so now I'm thinking about marketing and advertising and, and this is not my background. So how do we, take what we know about the research and the experience and what's good pedagogy and now make it something that people will want to do.



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So, you...

## **BRENDA**

That's a big challenge.

#### **RAJEEV**

Yeah. So you got out of your comfort zone. So. Right?

#### **BRENDA**

Yeah.

# **RAJEEV**

Tried your big idea and didn't let your what ifs hold you back. So, now how's it been going? And, I see that you want more people to come and participate and I hope people who are listening.

## **BRENDA**

Yes.

#### **RAJEEV**

Will get inspired by today's podcast and would want to know more and hopefully join your program and participate. So, what kind of people are are the early adopters?

# **BRENDA**

Well, that's a good question. I think it's so complicated for people, given their roles. So if they're a graduate student, we'd love to have graduate students come in and practice and learn skills. But if they haven't, if they haven't started their teaching journey yet, it might feel like it's something that is not appropriate for them. But, graduate students who are thinking about, applying for their first instructor position or maybe they're just in it right now and they need some more practice with communication and we actually hope to build on this. This is just the first module or set of training modules. We'd like to go into some other topics as well. So graduate students are great. They it might be assumed that they're the audience for something like this because of the technology.

## **RAJEEV**

Yeah.



#### **BRENDA**

But, it's really for any educator at the university. So, you've been teaching for a while and you just want to try something different and, you might get ideas for how not only to communicate better with your students, but then how to teach your students how to communicate better, as well, because a lot of students will be nervous about, formal communication, but may even just be nervous coming to, office hours. So helping students through that, we'd love to have professors at all levels, instructors, lecturers, grad students sign up and we hope to make it very flexible for people. So, the workshop and the reflection are sort of set dates, but the VR portion of it can be done in our laboratory, in our new laboratories, in our in our Centre. Or, if they have a headset, we could facilitate them doing the modules at home with a headset if they have a meta headset.

#### **RAJEEV**

That's great. Okay.

#### **BRENDA**

Or any like combination. We want to make this flexible for people knowing that they have busy schedules as well.

#### **RAJEEV**

Right, yeah.

#### **BRENDA**

So that's been one of the major challenges, is how do we offer something that fits into people's lives? And so we're working through some of those challenges as well. So awareness is a big piece like the marketing but also like how do people fit something new into their already busy schedules. And so we are happy to chat with people in setting that up. Yeah.

#### **JANINE**

Fantastic. Well Brenda, last question from me is just like, what could be next? What? Maybe, new modules might you be considering or new technologies or perhaps, offering this elsewhere. Like what? What could be next?

#### **BRENDA**

Yeah. So one of the big exciting pieces of this is, custom module. Custom VR module. So we are actually set to see the second draft of, a custom VR module that takes a University of Manitoba office and a student comes in. And what we really want to get to is, how would you interact with a student who's coming for support to your office hours? So a student comes in and then there's an interaction. The interaction isn't very long. You know, sometimes it doesn't



involve the teaching part portion of it. It is the, you know, student comes in with a problem and how are you going to talk with them about solving this problem. And we will encourage people to go through that interaction multiple times and explore, because it can sometimes just be a very short interaction.

We've put some silliness into it and some fun into it as well. Like, what's the worst case scenario? You know, nobody would think necessarily of responding in a completely inappropriate way. But we have that option there so that you get that sense of like, if I were to do something, it's not how would that make the students feel? And it wouldn't make the student feel very good.

#### **RAJEEV**

That's true.

## **BRENDA**

So we have that. So I think that is one of the things is we want to actually build custom VR environments and activities.

# **RAJEEV**

That's amazing because I see, there are so many different areas where we could use this. I mean for IDEA START for one. You know, we are setting up our innovation hubs and the innovation hub associates who are sitting in that place are all grad students. So if this was on, I would send all my, hub associates to this and, they could learn how to interact with students because for them, this could be a first time experience.

## **BRENDA**

Yeah.

#### **RAJEEV**

And so as far as so many different people across different units in the university, so this is definitely very useful. Yeah.

#### **BRENDA**

And what's been really helpful is having some partners. So I know there's a whole VR community of researchers.

# **RAJEEV**

That's amazing!



## **BRENDA**

Nursing, for example and they use body swaps as well and many of the modules are very health care focused.

## **RAJEEV**

Yes.

## **BRENDA**

But the skill part of it like listening to people, you know, those are common skills.

## **JANINE**

Empathy.

# **BRENDA**

But I think that's an important piece of this as well. And the other part that I'm really pushing is how do we incorporate AI into this so that rather than, multiple choice answers in the VR environment that is conversational.

## **RAJEEV**

Wow, Al plus VR.

## **BRENDA**

Yes.

# **RAJEEV**

That's exciting.

#### **BRENDA**

But I've been told that that's not quite ready yet. And so that's the challenge.

# **RAJEEV**

It is.

# **BRENDA**

Finding, who could do that. And then, what needs to be in place for that to be a reality. Because the idea would be to try to get to a realistic practice environment that is safe for people to learn soft skills and the soft skills of teaching. And, so I'm trying, you know, to push those boundaries a bit. Been told it's not ready yet. The technology is not quite there, but, that we might see that in the next little while. So that's really exciting. So a really positive use of artificial intelligence or



generative AI, and using that technology, which I'm also I'm trying to practice using that. And how do you incorporate that into teaching in a good way, where it doesn't have to be something that, people fear as a way to cheat or, you know, that kind of thing, but actually using it as a training.

#### **RAJEEV**

Yeah.

## BRENDA

Opportunity or a training medium.

## **RAJEEV**

So that makes sense. Yeah. Well I have one last question.

# **JANINE**

Oh, sure.

## **RAJEEV**

You know for me it's so important, that you share with our audiences, as an innovator, what would you recommend to other staff members and faculty?

# **JANINE**

Oh, yeah. Good question.

## **RAJEEV**

You know, if they are thinking, but they're getting held back because of their what ifs, what's your, thoughts, what's your recommendation?

#### BRENDA

Well, I know this can be difficult, but finding someone who is, an innovator. So who has that experience?

#### **RAJEEV**

Reach out to BRENDA, people!

## BRENDA

I'm not sure about that. You know, I'm doing this. I don't quite identify as being an innovator at this point, but, you know, someone who was, real help in this area for me to think bigger, was



Mark Torchia, so our vice provost of... He's got a new title now, which I haven't memorized. But, so someone who thinks that risks are worth taking.

So it might even be you might think, oh, it's just a small thing. There might be a few risks associated with it, but maybe that's stopping you talking to somebody who says, well, okay, so make the mistake if it's a mistake, like lean into it, which I think is a very difficult thing. But then we have more opportunities at the U of M now for these kinds of explorations. So, you know, Janine, your Better Together event is a way that students and faculty and administrators can, like, work together and just sort of explore this. So if you don't have an idea but you're interested in, well, how do I hone idea generation?

#### **JANINE**

Yeah.

# **BRENDA**

Looking for these kinds of opportunities. And then I think, you know, conversations with people. But finding the people. Right. So it means paying attention to podcasts and different events that are happening at the university and then just taking the risk, even if you don't have a perfect idea, just talk.

#### **JANINE**

Yeah. Love that.

#### **BRENDA**

Get some encouragement.

# **RAJEEV**

Yeah.

#### **JANINE**

Yeah. Well thank you, Brenda, thank you for joining us on the podcast today. But also like thank you really for really embracing your big idea, your innovation to improve teaching and learning.

## **RAJEEV**

And I must say you're a real innovator.

#### **JANINE**

Yeah.



# **RAJEEV** Okay. **BRENDA** Well thank you for that. That encouragement is very helpful for me to stay motivated. **RAJEEV** Absolutely. **BRENDA** And because there will be lots of downs, but there's lots of ups as well. And that's part of the fun. **JANINE** Yeah. **BRENDA** It should be fun as well and sometimes we think of it all as work, work, work. But it can be, really exciting and enjoyable to try out these ideas and get people involved. So that's worth it for me. But I know it needs to also have some value to the university community in order to move on. So I am thinking about ways, to move forward and make sure that people can take advantage of this, innovative idea. **JANINE** Yeah, absolutely. Thank you. Brenda. **RAJEEV** Thank you so much. **JANINE**

Thank you. Thank you for joining us.

Thank you for having me.

**BRENDA** 



# **Outro Montage**

# **RAJEEV**

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