



INTERNATIONAL STUDENT ORIENTATION

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Today's Agenda

- Welcoming Remarks
- Cross-Cultural Awareness & UM Culture
- Academic Integrity
- International Centre Programs & Understanding the UM
- Student Panel
- Lunch, Sponsor & Tabling Fair

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Traditional Territories Acknowledgement

The University of Manitoba campuses are located on original lands of Anishinaabeg, Ininewuk, Anisininewuk, Dakota Oyate and Denesuline, and on the National Homeland of the Red River Métis.

We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with Indigenous communities in a spirit of Reconciliation and collaboration.

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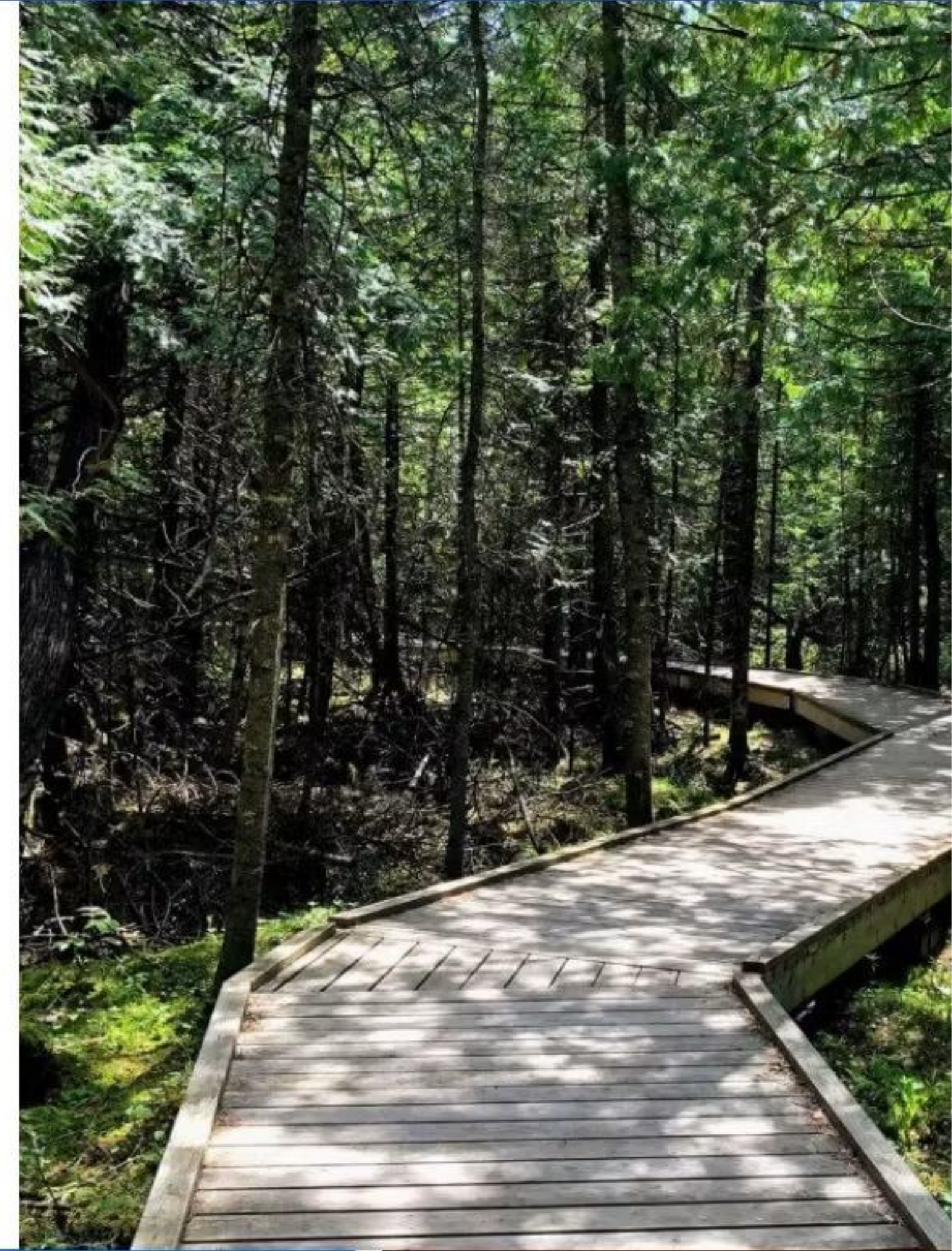


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Welcome from Elder Carl Stone

Indigenous Students Centre



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Welcome from Laurie Schnarr

Office of the Vice-Provost (Students)



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Welcome Bisons!

Follow Us!



We are the University of Manitoba Students' Union (UMSU). We serve students by enhancing student life and increasing the quality of education through consultation, representation, and advocacy.

UMSU Clubs & Associations

Over 100 student clubs and 28 associations on campus

Visit our website to find or start your club today!

umsu.ca/clubs

Bison Bash on The Quad

September 9, 10am to 5pm

Summer Games

September 16, 11am to 3pm

umsu.ca/events



What is **UMGPS**?

- Student-led association representing all graduate students and postdoctoral fellows at UM. **By graduate students, for graduate students.**
 - All our executives are current graduate students, and 2/3 of our full-time staff are former graduate students, ensuring we can fully understand and meet the unique needs of our community.
- Our focuses:
 - Advocate for graduate students
 - Equitably distribute funding
 - Hold events that support our community
- We also:
 - Provide a safe, welcoming, and supportive environment.
 - Offer free use of our dedicated graduate student lounge.
 - Maintain a directory of graduate student assistance programs.
 - **Dedicate ourselves to being here for you in whatever way we can!**



International Centre



University
of Manitoba

international@umanitoba.ca

204-474-8501

541 UMSU University Centre

[International Centre](#) website



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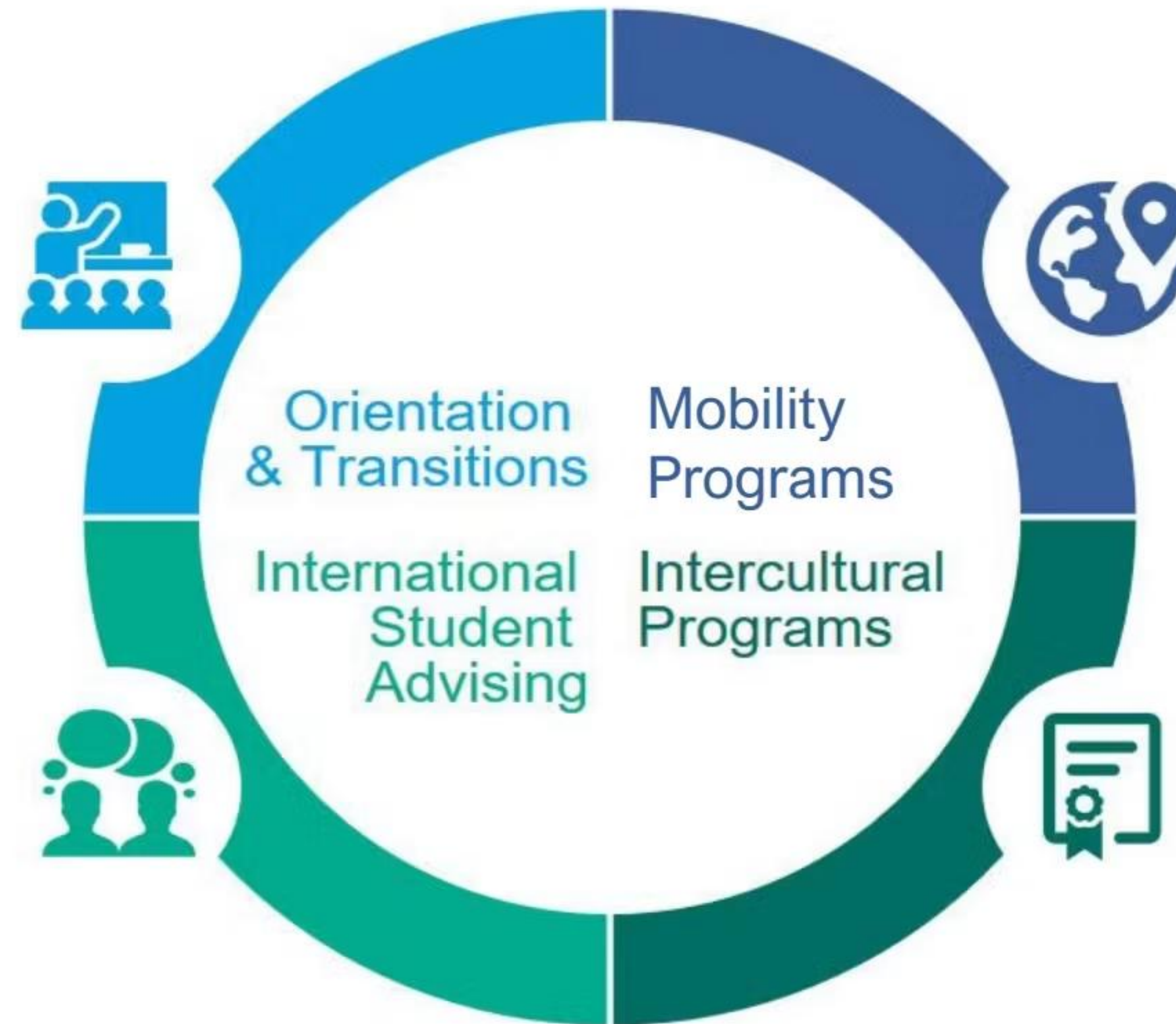


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Online Pre-arrival Orientation

 | [UM Learn](#) | International Student Pre-arrival Orie...  

[Content](#) [Communication](#) [Assessments](#) [Integrations](#) [Course Admin](#) [Support](#) [UM](#)



International Student Pre-arrival Orientation

Announcements 

Welcome to the International Pre-Arrival Online Orientation!



Posted by Crystal Stewart •  Edited

Welcome to the International Pre-Arrival Online Orientation!

To get started click on "Content" in the menu above to access the course topics.

You can work through each of the modules at your own pace. You can stop reading at any point and UMLearn will remember your last spot when you want to access it again.

There are five modules to complete. Complete quizzes to collect completion badges each time you finish a module. Collect all your badges and fill out the end-of-module reflection to receive a Certificate of Completion!



[Module 1:
International Student
Support](#)

[Module 2: About
Winnipeg](#)

[Module 3: Weather
and Safety](#)

[Module 4: Housing](#)

[Module 5:
Healthcare](#)

[Module 6: Finances
and Fees](#)

[Module 7: Family
Resources](#)

[Next Steps,
Orientation Programs](#)

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Other Welcoming Events:

September 4, Outdoor Movie Night
September 8, Healthy Grocery Shopping Workshop & Tour
September 9, Service Canada Pop-up Clinic
September 10, Land and Water Walk & Talk
September 10, Study Skills Workshop
September 11, Meet the IC for Tea & Coffee
September 11, Meet your UM International Community
September 11, Finding a part-time job and build toward career
September 15, IC & Student Wellness Centre - Speed Friending
September 15, Working in Canada as an International Student

Find QR code in
your leaflet!



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International Centre Student Newsletter

Updates | Events | Tips | Community

July 2023 | Edition 1

The International Student Newsletter is delivered on the last week of every month.



Welcome to the International Student Newsletter!

Get important immigration updates, events, tips and community updates to your inbox every month from the International Centre (IC).

[Learn more about the IC](#)

Follow Us On
Instagram

@um.international



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Intercultural Programs

- Welcome Mentors
- Language Exchange
- Intercultural Leaders
- Social events

Apply now!



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Mobility - Outbound

Home / International Centre / Outbound Student Exchange

Study abroad as an exchange student - UM Outbound

Through the International Centre's student exchange program, which is one of UM experiential learning opportunities, you can receive credits toward your degree while spending one or two semesters in a different country.

- **More than 50+ partner universities in over 20 countries**
- One and Two term options 
- Pay UM tuition
- Transfer credits back
- Scholarships and travel awards available

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International Centre Awards

Open to International and Domestic Students!

- Nahlah Ayed Prize for Student Leadership and Global Citizenship
- Tony T.K. Lau Scholarships for Volunteer Service to International Students
- International Centre Exchange Awards
- Carla Thorlakson IC Exchange Awards



<https://umanitoba.ca/international#funding-and-awards>

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Icebreaker Activity

Human Bingo

- Get up and talk to people around the room!
- Write down as many names as you can only use a person once!
- First 10 people to complete the page wins a prize

I am a parent.	I am vegetarian.	I have never seen snow before.	I have tried Tim Horton's coffee.
This is my 2nd degree	I was born in September.	I am a good cook.	I don't like poutine.
I can speak three or more languages fluently.	My country has a King/Queen.	I know what a Loonie is.	I have eaten gaz.
My home city is close to an ocean.	I write with my left hand.	I can play a musical instrument.	This is my first time living on my own.

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Cultural Adjustment, Canadian Culture & Communication

Rebecca Irving

International Student Advisor

Crystal Stewart

International Transitions & Intercultural Program
Coordinator



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What is Culture?

Culture is a complex and dynamic concept that encompasses various aspects of human experience, including art, music, literature, language, customs, traditions, and social practices. Culture is not a fixed or static entity but is constantly evolving and changing.

-Raymond Williams



Photo by [Perry Grone](#) on [Unsplash](#)

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Fishbowl



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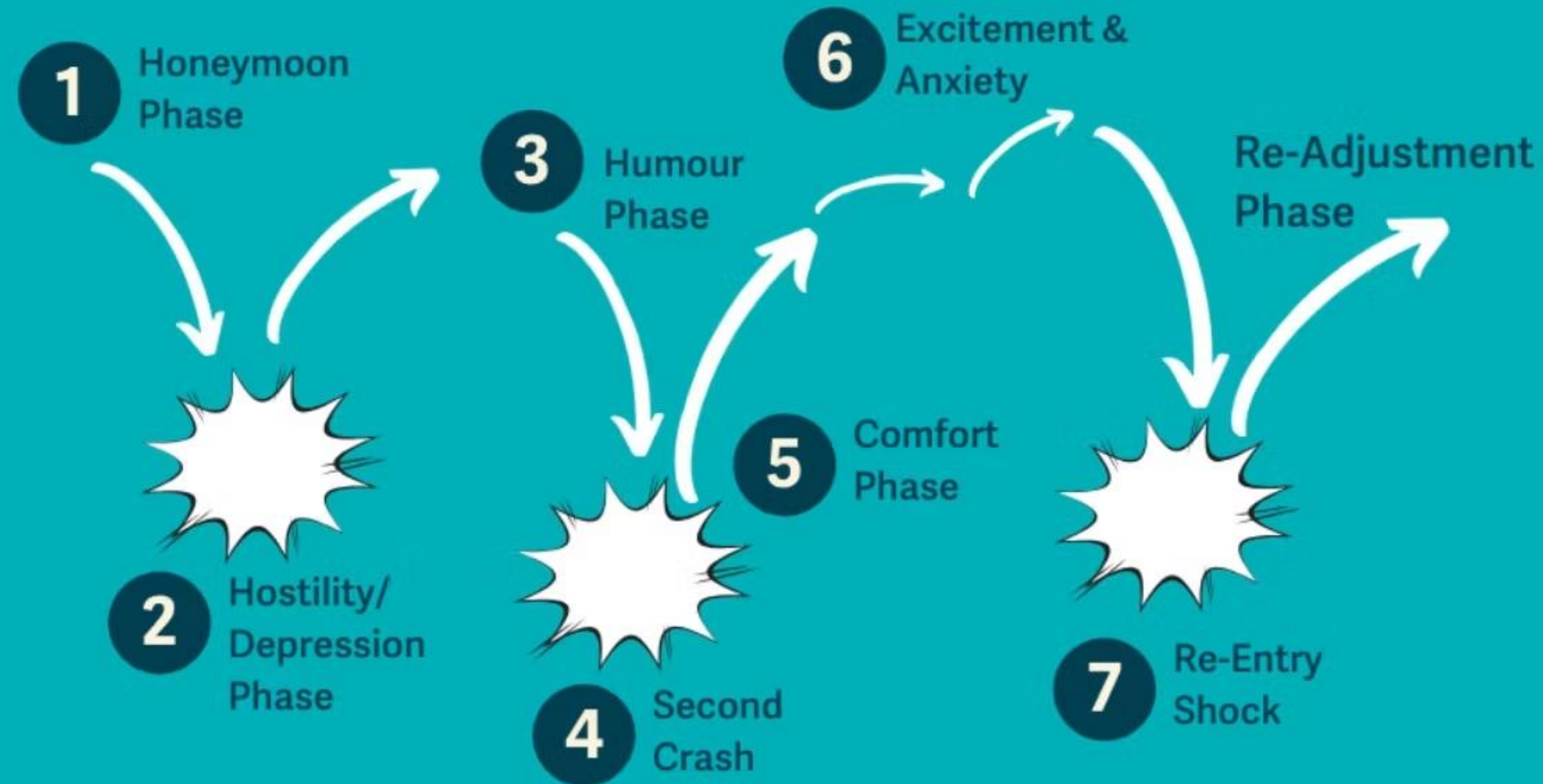
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Stages of Culture Shock



[Image source: Culture Shock](#)

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Surviving Culture Shock

 **It's Normal!**—Everyone feels this — you're not alone.



Be Kind to Yourself



Keep Your Goals in Sight



Take Care of Your Body



Stay Connected



Ask questions



Get Involved



Use Your Supports

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Observable

Behaviours

Interpretations

Core values

Not observable

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Culture Discussion

Pick two attributes of your own culture,

-1 surface culture (external culture/obvious)

-1 deep culture (internal culture/unconscious)

Share with your group and compare!



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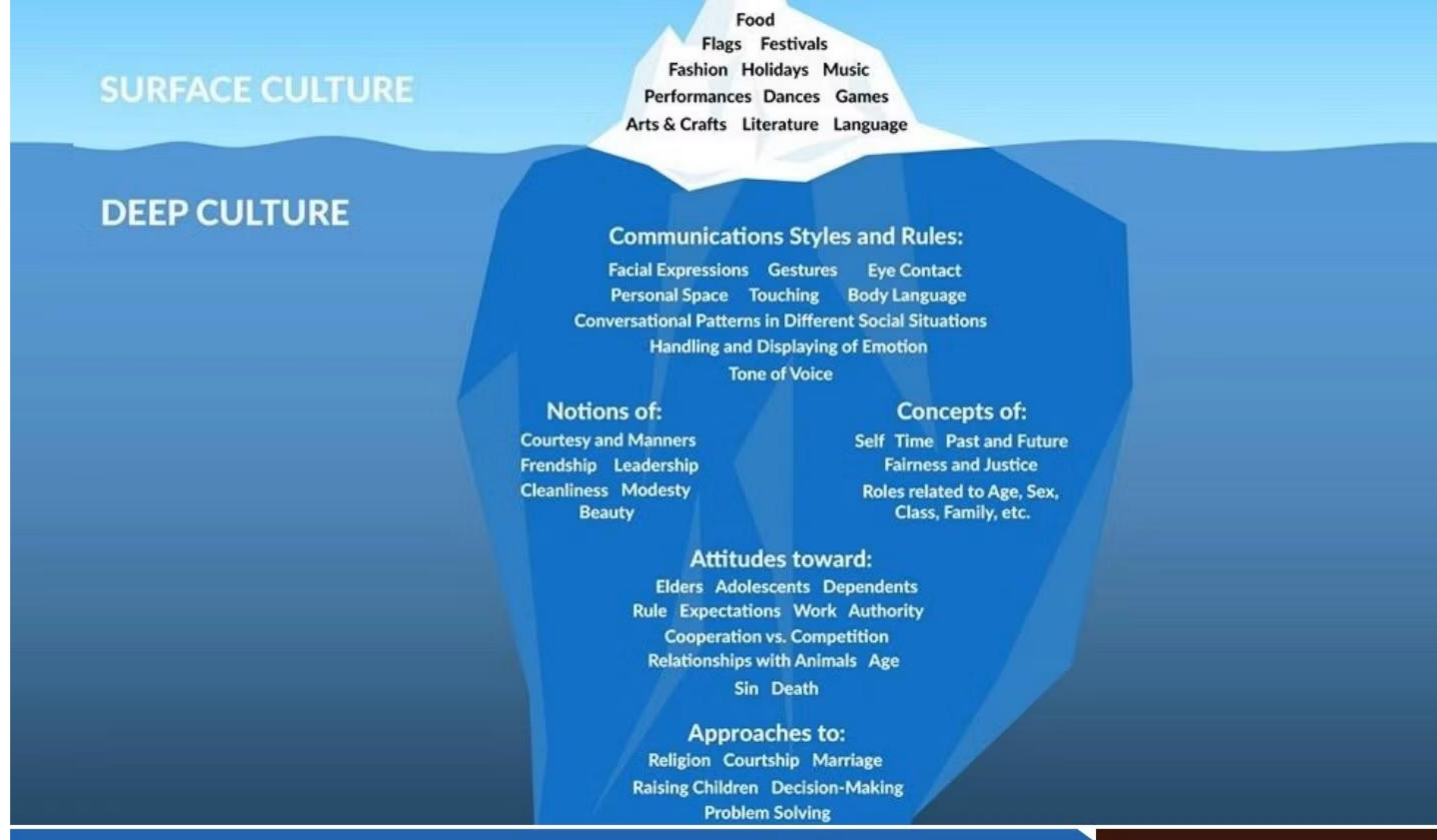


Image source: <http://mcos.ca/anti-racism-101/attachment/cultural-iceberg/>

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There are no wrong answers!

Time for the Culture Quiz!

You are talking to a classmate and they keep looking down. You notice they are not looking in your eyes. How do you interpret this?

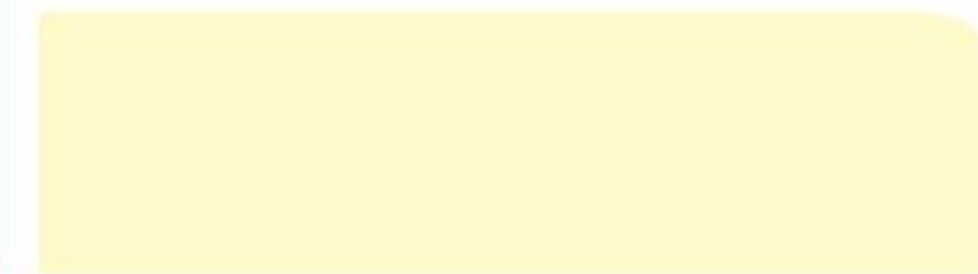


79% ✓



They are probably shy or uncomfortable

14% ✗



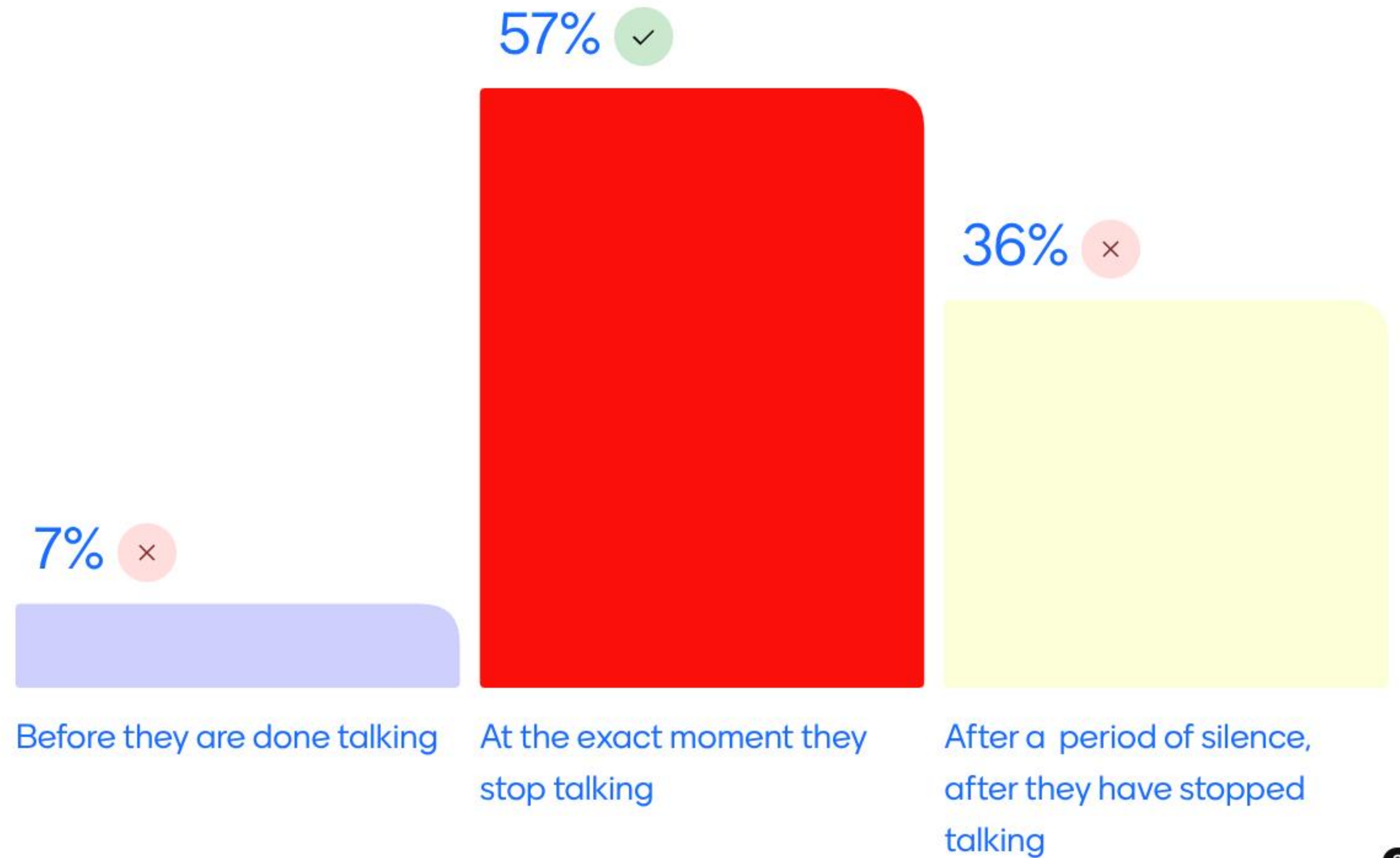
They are not paying attention

7% ✗

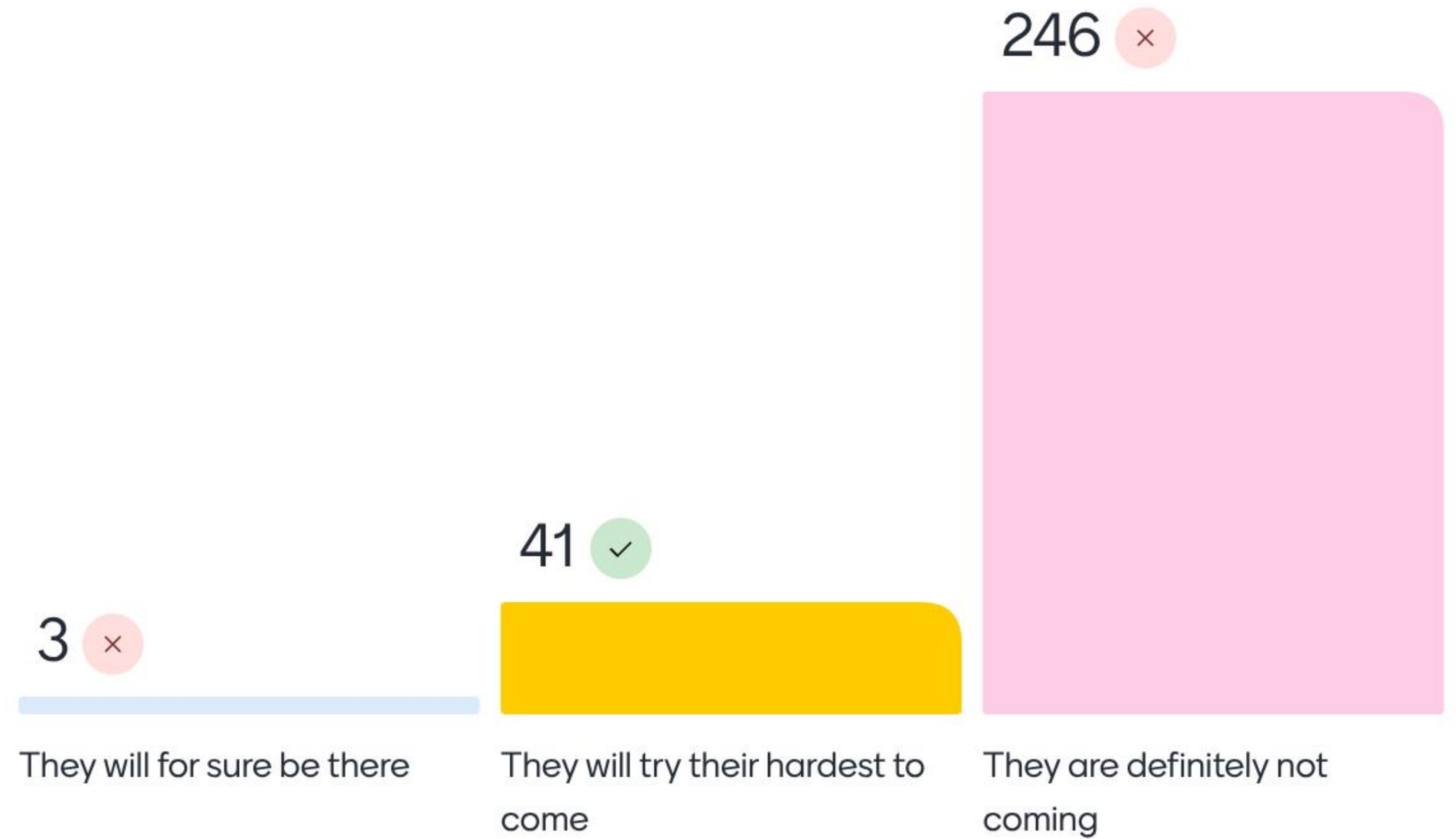


They are being respectful

A classmate is talking to you. You are very interested in what they are saying and you want to respond. When do you think is the best time to speak?



You invite a friend to come to your party. They say "maybe I'll try". You take this as:



You are asking your group project partner why they haven't finished their part.
You are frustrated and worried. Your classmate is smiling.

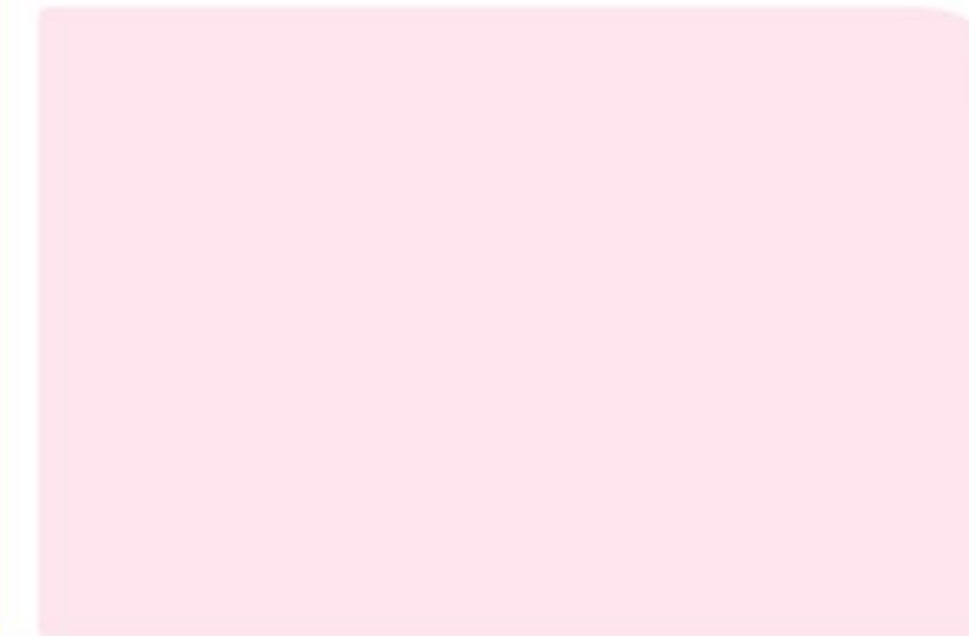


130 ✓



The student finds it funny
that you are upset

62 ✗



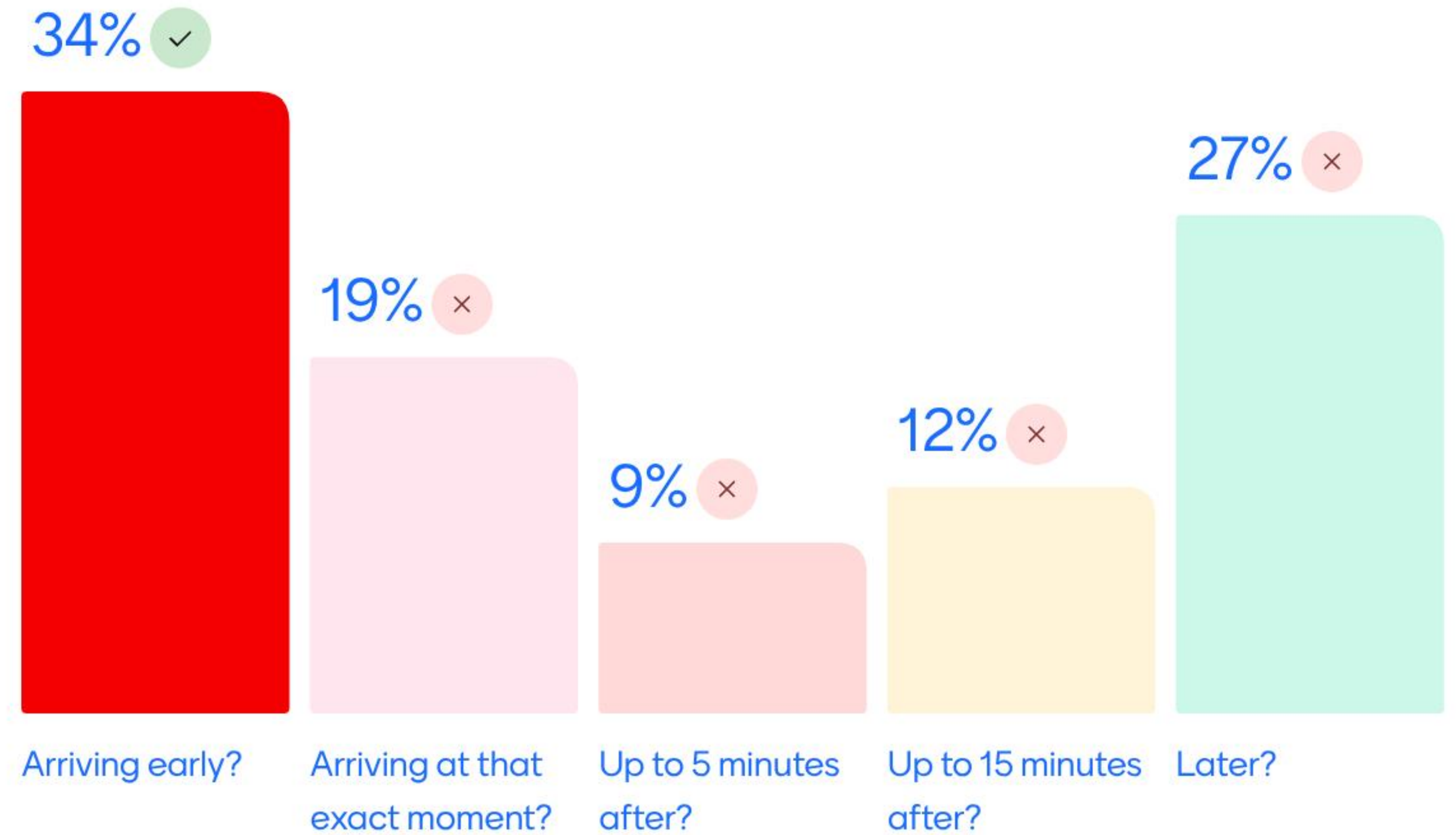
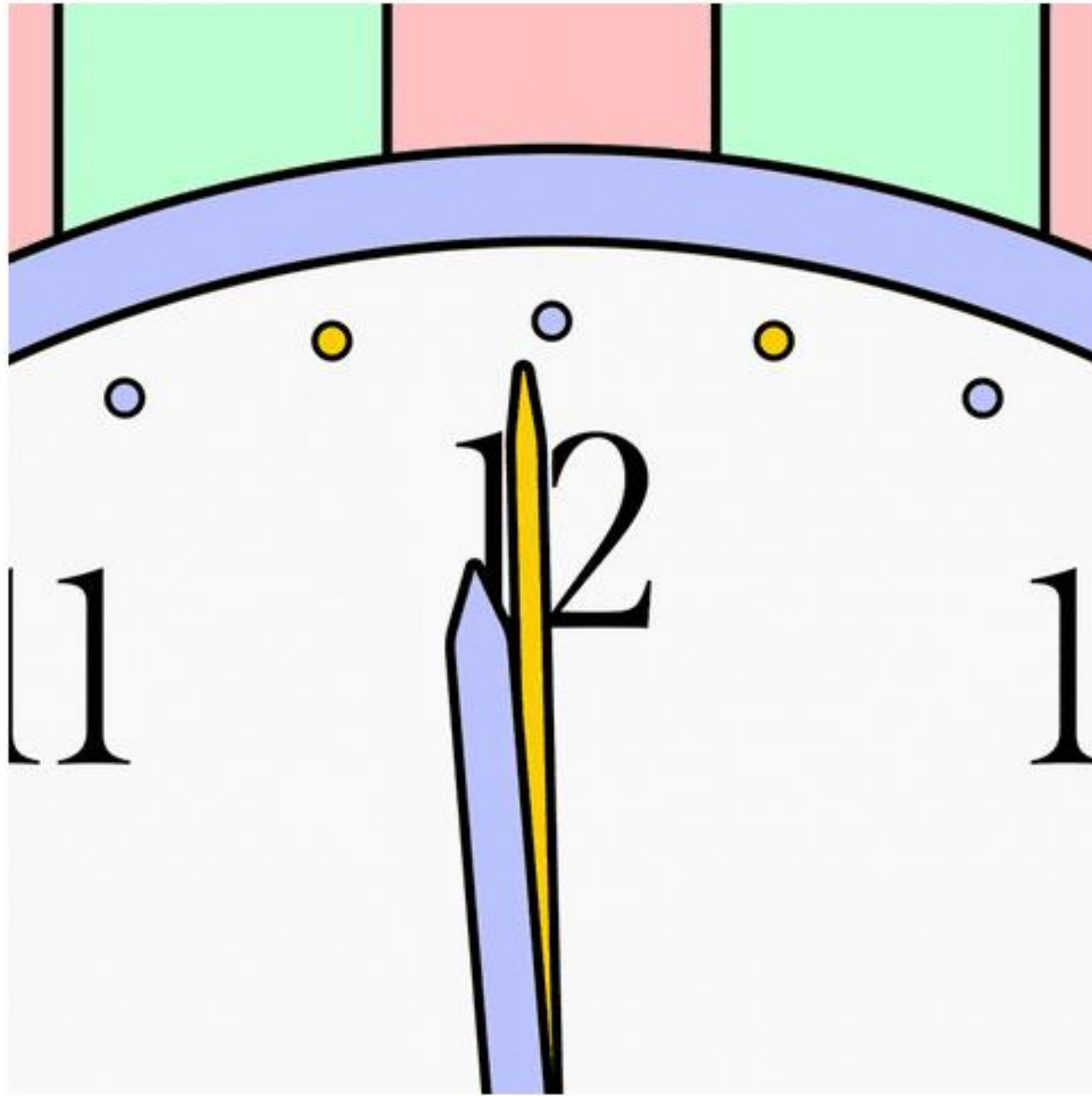
The student is uncomfortable

95 ✗



They are not listening to you

What does being "on time" mean in your home country?



Non-Verbal Communication

Don't make assumptions for body language!



Image source: <https://www.clipart.email/download/2099726.html>

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Communication Discussion

Talk about valued communication styles in your culture/country:

- Eye contact
- Touching or Physical space
- Conversation speed/pauses when talking
- Physical gestures
- Addressing others

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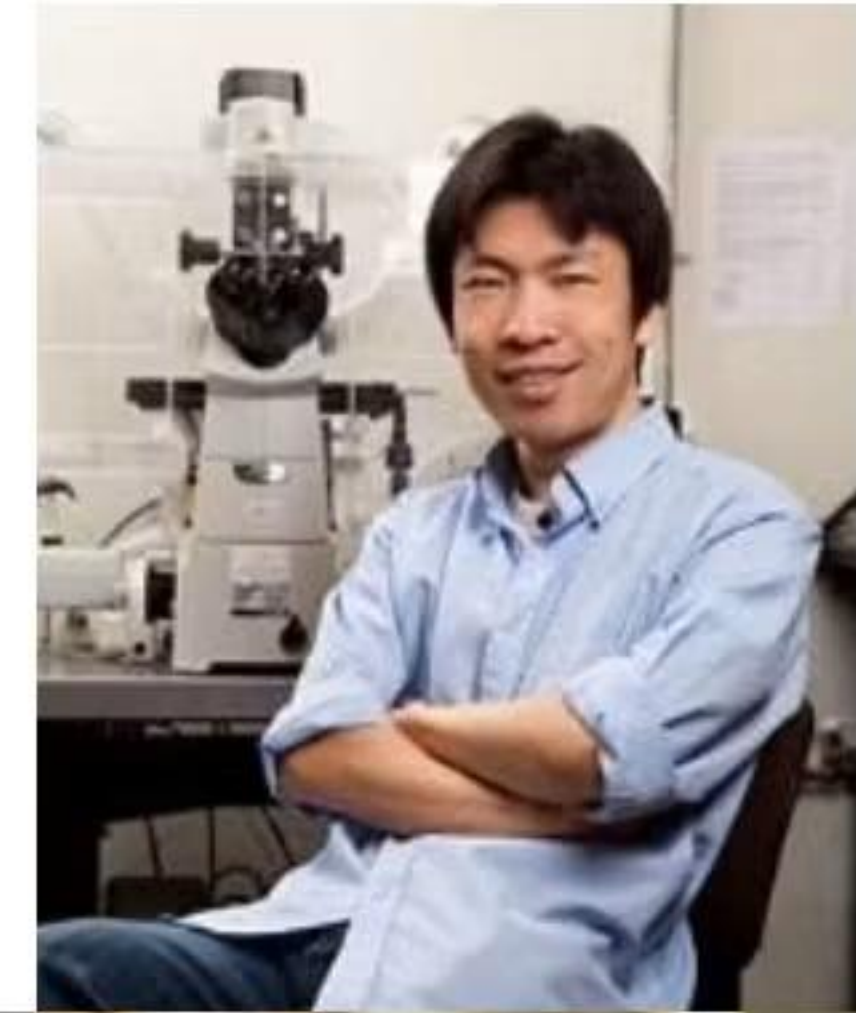


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Canadian Classroom Culture

- 🎓 Addressing professors and instructors
- 💬 Disagreement, asking questions and challenging ideas
- 🌟 Showing respect
- 🧩 Learning styles



Photos of Dr. Francis Lin, Faculty of Science, and Dr. Lea Stirling, Faculty of Arts

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Canadian Classroom Culture

Common challenges:

- 👏 Engagement
- 🗣️ Participation
- 🤝 Group Work
- 📚 Academic Integrity



Image by StartupStockPhotos from Pixabay

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Respect, culture & communication at UM



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Admissions

Academics

Research

St

Home / About UM / Respectful Work and Learning Environment (RWLE) policies

Respectful Work and Learning Environment (RWLE) Policy

The University wishes to promote and support a community which embraces diversity and inclusion, provides for equality of opportunity, and recognizes the dignity of all people.



[Respectful Work and Learning Environment \(RWLE\) Policy | University of Manitoba](#)

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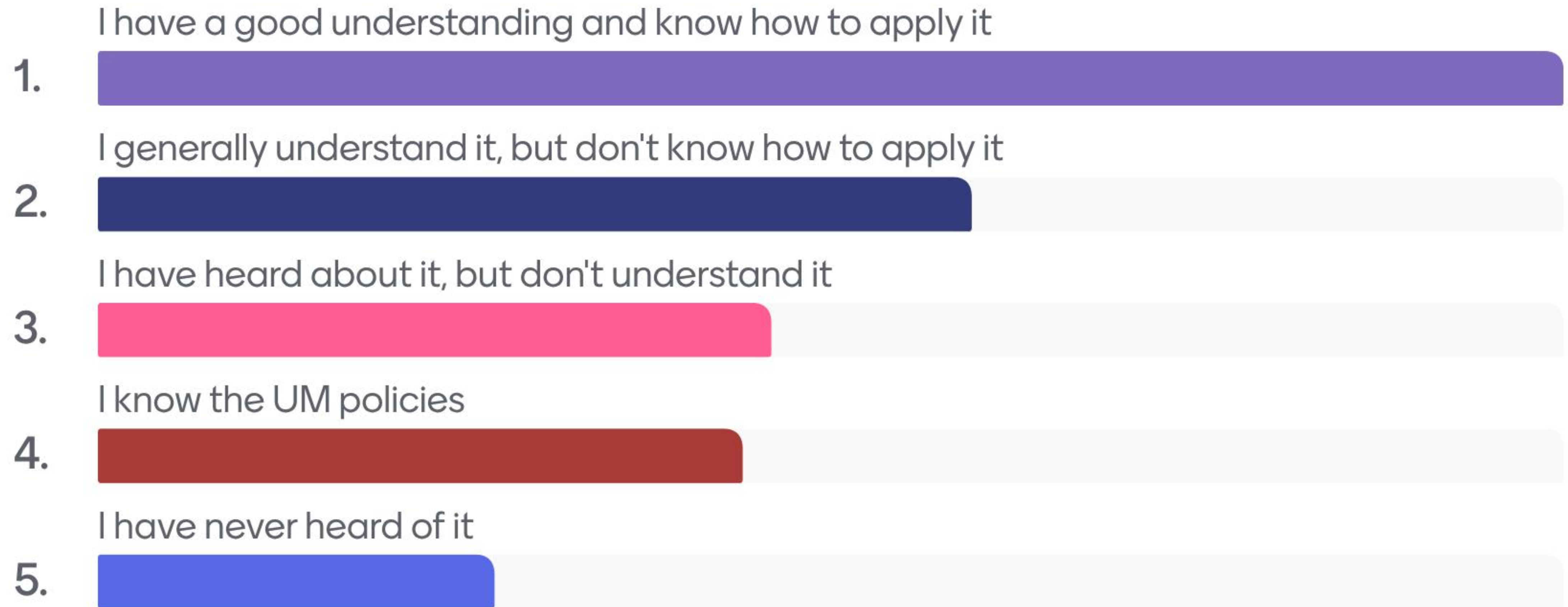
Succeeding with Academic Integrity as an International Student

Tiana Thomson

Academic Integrity Coordinator



How comfortable are you with Academic Integrity?



Presentation Overview

- **What is Academic Integrity?**
- **Types of Academic Misconduct**
- **Consequences of Academic Misconduct**
- **Real-life Scenarios**
- **Resources**
- **Reflection**

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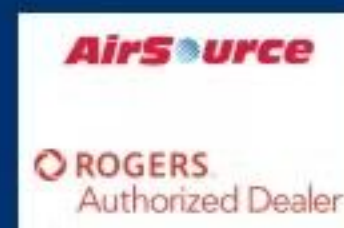
Academic Integrity

Academic Integrity Values

- Honesty
- Trust
- Fairness
- Respect
- Responsibility
- Courage



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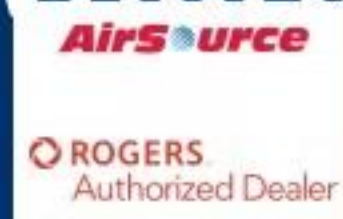
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Academic Integrity around the world

- Confucian Values
 - Where? East Asia
- Ubuntu Philosophy (“I am because we are”)
 - Where? Southern Africa
- Hindu Dharma
 - Where? South Asia

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Academic Integrity through Anishinaabe values: The Seven Sacred Teachings

- Wisdom
- Love
- Respect
- Bravery
- Honesty
- Humility
- Truth

Maracle, I. B. J. (2020). *Seven Grandfathers in academic integrity* [PDF]. University of Toronto.

https://studentlife.utoronto.ca/wp-content/uploads/SLC8581_7-Grandfathers-in-Academic-Integrity-AODA.pdf

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Why is Academic Integrity Important?

- Foundation of the University
- Gives credibility
- Shows respect for others' ideas
- Shows good practices
- Helps prevent academic misconduct (and the stress of facing an allegation)
- Has broad implications (value of the degree)

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Why is Academic Integrity Important cont...



Advertisement

World

This was published 11 years ago

Fake engineer and a deadly building

Martin Van Beynen

September 15, 2012 — 3:00am

Save

Share

A A A

THE former construction manager of the deadly Canterbury Television building stole the identity of a professional engineer and faked an engineering degree, it can be revealed.

Gerald Shirtcliff, now 67, supervised the construction of the CTV building, which was finished in 1987 and collapsed on February 22 last year, killing 115 people

Van Beynen, M. (2012, September 15). *Fake engineer and a deadly building*. The Sunday Morning Herald.
<https://www.smh.com.au/world/fake-engineer-and-a-deadly-building-20120914-25xpd.html>



Forms of Academic Misconduct



Plagiarism



Cheating



**Inappropriate
Collaboration**



**Duplicate
Submission**



Impersonation



**Academic
Fraud**



**Contract
Cheating**



**Unauthorized
Content Generation**

Generative Artificial Intelligence



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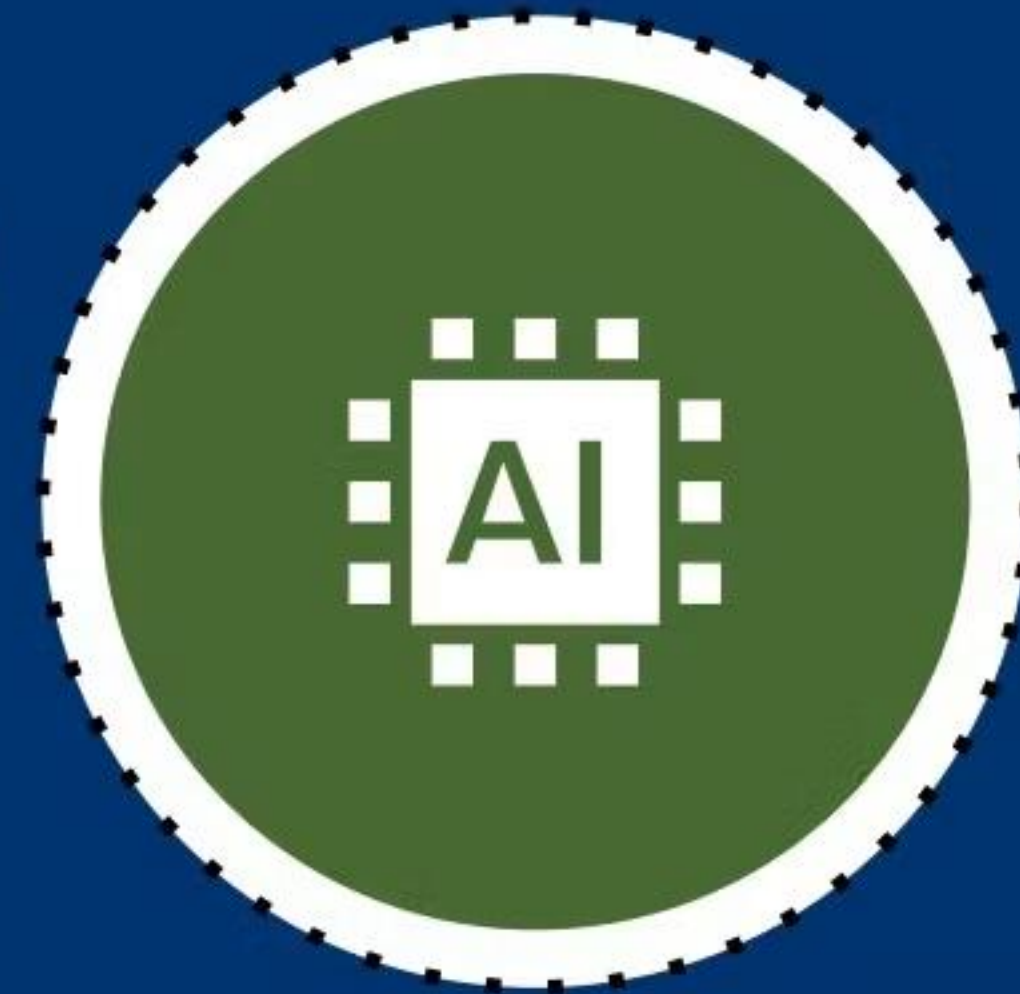


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genAI cont....

- Examples:
- Large language models that rely on datasets to generate predictive text.
- ChatGPT, Gemini, Google Translate, Youdao Translate, Baidu Translate, DeepL Translate
- Grammarly
- Quillbot and other paraphrasing tools



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Are AI technologies allowed?

- It depends on the assignment, the course, and your program of study.
- Only permitted if explicitly stated by instructor.
- If so, instructor will have guidance around how it may be used.



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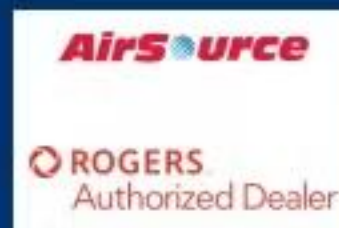


Consequences of Academic Misconduct

- Range of penalties
- Zero on test/assignment
- “F” in course (lowers GPA)
- Comments on transcripts
- Suspensions

**Can impact
study permit,
delay graduation,
and cause a
mountain of
stress!**

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Scenario #1

- Michael was writing his final essay for one of his courses. He used websites and articles from the internet to research his topic. Michael re-wrote in his own words the ideas that he wanted to include in his paper. He did not copy and paste any information directly, so he did not include any in-text citations in his paper, only a reference list.
 - Why is this a problem?
 - What could the student have done differently?
- Which of the Seven Sacred Teachings is most needed?

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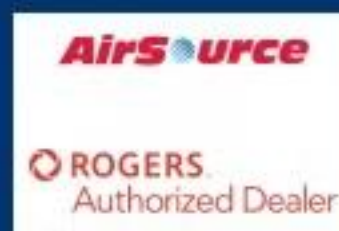
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Scenario #2

- Sarah is re-taking a course that she VW'd from last term. For the past week, she has been distracted because she is worried about her grandmother, who is very ill and in the hospital. Sarah forgets about the first assignment until the day it is due. Then she remembers that last term, before withdrawing from the course, she got high marks on that first assignment. So, she finds her old assignment, changes the date, and submits it to her instructor.
 - Why is this a problem?
 - What could the student have done differently?
 - Which of the Seven Sacred Teachings is most needed?

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Scenario #3

- Anna is having trouble writing essays for her courses because English is not her first language. Luckily, she has a friend in her home country who writes very well in English. After Anna writes her essay, she sends it to her friend to fix her mistakes. When Anna gets the file back, she notices that her friend has added some new ideas and re-written parts of her paper. Anna is grateful to her friend and submits the essay to her instructor.
 - Why is this a problem?
 - What could the student have done differently?
 - Which of the Seven Sacred Teachings is most needed?

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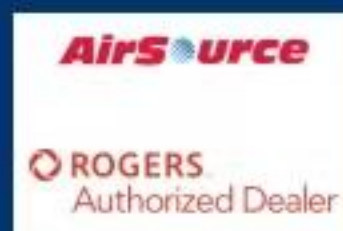
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Scenario #4

- Ben is in the student lounge working on an assignment when he overhears two classmates discussing the same assignment. Ben joins them and they all work through the most challenging part of the assignment together. Each of the three students copy the work onto their respective laptops. Ben completes the remainder of the assignment later that evening and emails it to the instructor.
 - Why is this a problem?
 - What could the student have done differently?
 - Which of the Seven Sacred Teachings is most needed?

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Reflection

- Think about the rules and expectations of Academic Integrity at the UM:
- In what ways were the rules and expectations different at your previous institution(s)?
- What points would you like to learn more about?
- What on-campus resources do you think will be helpful to your academic and personal success?

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Register for our
workshop!



STUDY SKILLS WORKSHOP

September 10, 2026
3:30 - 4:30 pm,
In person, Location - TBA



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Maryann Giesbrecht

International Student Advisor

Regulated International Student Immigration Advisor



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Four International Student Advisors (ISA):

- Rebecca Irving, Jieli Huang, Rakshya KC & Maryann Giesbrecht

ISA can assist you with:

- Immigration regulations related to your international student status (study permit, working eligibilities, etc)
- Non-academic topics: life in Winnipeg, personal matters

To book an appointment:



Visit our website or E-mail: international@umanitoba.ca

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Your immigration status: What we want you to know!

1. Extend your study permit before it expires
2. Follow your study permit conditions, including impacts of academic standing and allegations of academic misconduct
3. Full-time vs. Part-time status
4. Authorized leaves
5. Temporary resident visa (TRV) validity
6. Passport expiry

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Understanding the UM and your immigration status

Level of study	Full-Time Status	Academic year
Undergraduate	9 credit hours or more per term	Fall & Winter terms (September – April). Summer is optional & not a required term, if it is not your first term. (exception: College of Nursing)
Graduate	Full-time regardless of credit hours (exception: MPA program)	Fall, Winter & Summer terms (September – August). Summer is a required term.

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Understanding the UM and your immigration status

Revision period:

- Can add or remove courses to create a timetable that suits your needs
- Courses that you drop, or change will not be added to your academic transcript
- If you drop a course, you don't have to pay for that course

1. **No** tuition refunds

2. **Can't** add courses to record

Registration opens

First day
of classes

End of revision period
Course Add Date

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Understanding the UM and your immigration status

Fees and deadlines

- Fee must be paid by the deadline each term. If you don't pay fees by the deadline, you will be charged a late fee, and your account will be placed **on hold**.
- Fee payment deadline: **October 7, 2026**
- Impacts: not being able to obtain documents for immigration applications; being deregistered from a future term and not meeting the conditions of your study permit & not being eligible to work



Need more information?

Try searching these terms at UM website: "**Registration**", "**Pay your tuition**" & "**Tuition and fees**"

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Understanding the UM: Dates & Deadlines



Scan & Save the Dates!

Fall Term 2026

Jun. 8, 2026	Registration times become available for undergraduate students in Dentistry, Dental Hygiene (excluding Direct Entry), Medicine, Pharmacy or Respiratory Therapy
Jun. 26, 2026	Registration times become available in Aurora for all students, including Bannatyne students not in programs listed above
Jul. 8, 2026	Advanced Registration for Bison Athletes; Accessibility Accommodation; Presidents Scholars; Leaders of Tomorrow
Jul. 9, 2026 - Jul. 15, 2026	New student registration (U1, direct entry from high school, mature students) with less than 24 credit hours
Jul. 16, 2026 - Aug. 4, 2026	Registration opens for external transfer students and returning UM students
Aug. 5, 2026	Unclaimed Reserved space in courses are made available at 9:00 am
Sep. 8, 2026	Welcome Day (Fall Term Orientation)
Sep. 9, 2026	First day of classes
Sep. 15, 2026	Last Day to Drop irregularly dated Fall and Fall/Winter term spanning courses on Aurora*
Sep. 16, 2026	Last Day to Add irregularly dated Fall and Fall/Winter term spanning courses on Aurora*
Sep. 22, 2026	Last day to DROP Fall Term and Fall/Winter Term Spanning classes Part A without financial penalty
Sep. 23, 2026	Last day to ADD for Fall Term and Fall/Winter Term classes
Sep. 23, 2026	Deadline for UG students to declare graduation online for February 2027 Graduation
Oct. 7, 2026	Tuition fee payment deadline

Holidays and Closures

Labour Day: Sept. 7, 2026

National Day for Truth and Reconciliation (Orange Shirt Day): Sept. 30, 2026

Thanksgiving Day: Oct 12, 2026

Remembrance Day: Nov. 11, 2026

Winter Holiday: Dec. 24, 2026 - Jan. 4, 2027

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Immigration Sessions

Study Permit Extension

Study Permit Conditions and Working in Canada

Co-op Work Permit

Post-graduation Work Permit

Offered by the Manitoba Government:

Manitoba Provincial Nominee Program (MPNP)

Visit <https://umanitoba.ca/international#events>



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Working in Canada as an International Student

Upcoming Immigration Info Session



**WORKING IN CANADA AS
AN INTERNATIONAL
STUDENT**

September 15, 2026
3:00 pm - 4:00 pm
Virtual - Zoom



INTERNATIONAL CENTRE

**Study Permit
Extension**

INFO SESSION

Oct 8, 2026
3:00 PM - 4:00 PM
Virtual - Zoom



Scan the QR code to register!

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INTERNATIONAL STUDENT **RESOURCES**



True or False – Decisions & Impacts

- Pull out your mobile devices
- Make sure you're connected to wifi
- Scan the QR code
- OR go to *menti.com* and type in the code

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If an undergrad VWs from a course and they are no longer a FT student, they must **stop working** until they resume FT studies.

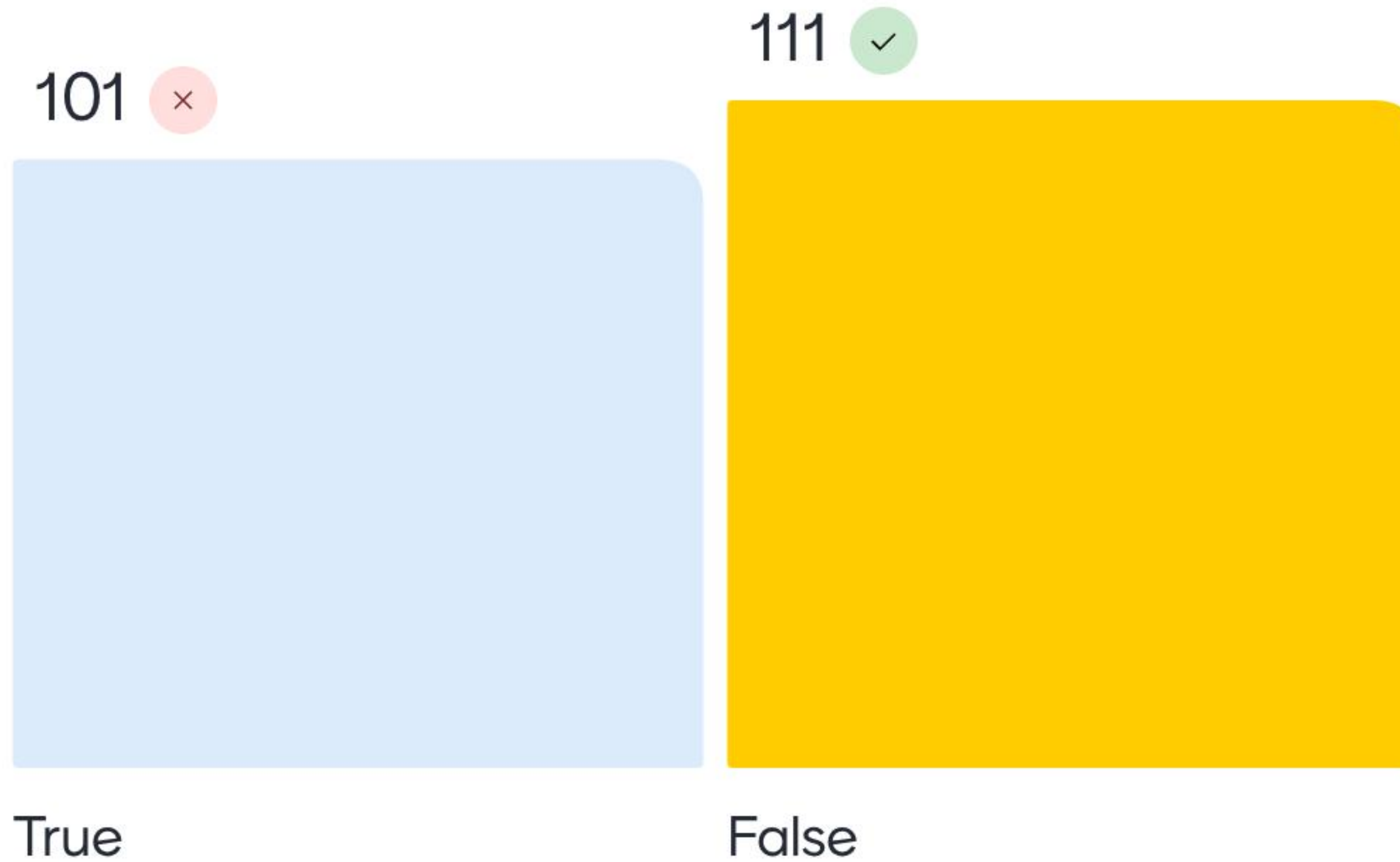
0 ✓

True

0 ✗

False

Undergraduate students can take an authorized leave of less than 150 days.



A **graduate student** is not allowed to work more than 24 hours/week off campus during the summer term, even if they aren't taking any courses.

0 ✓

True

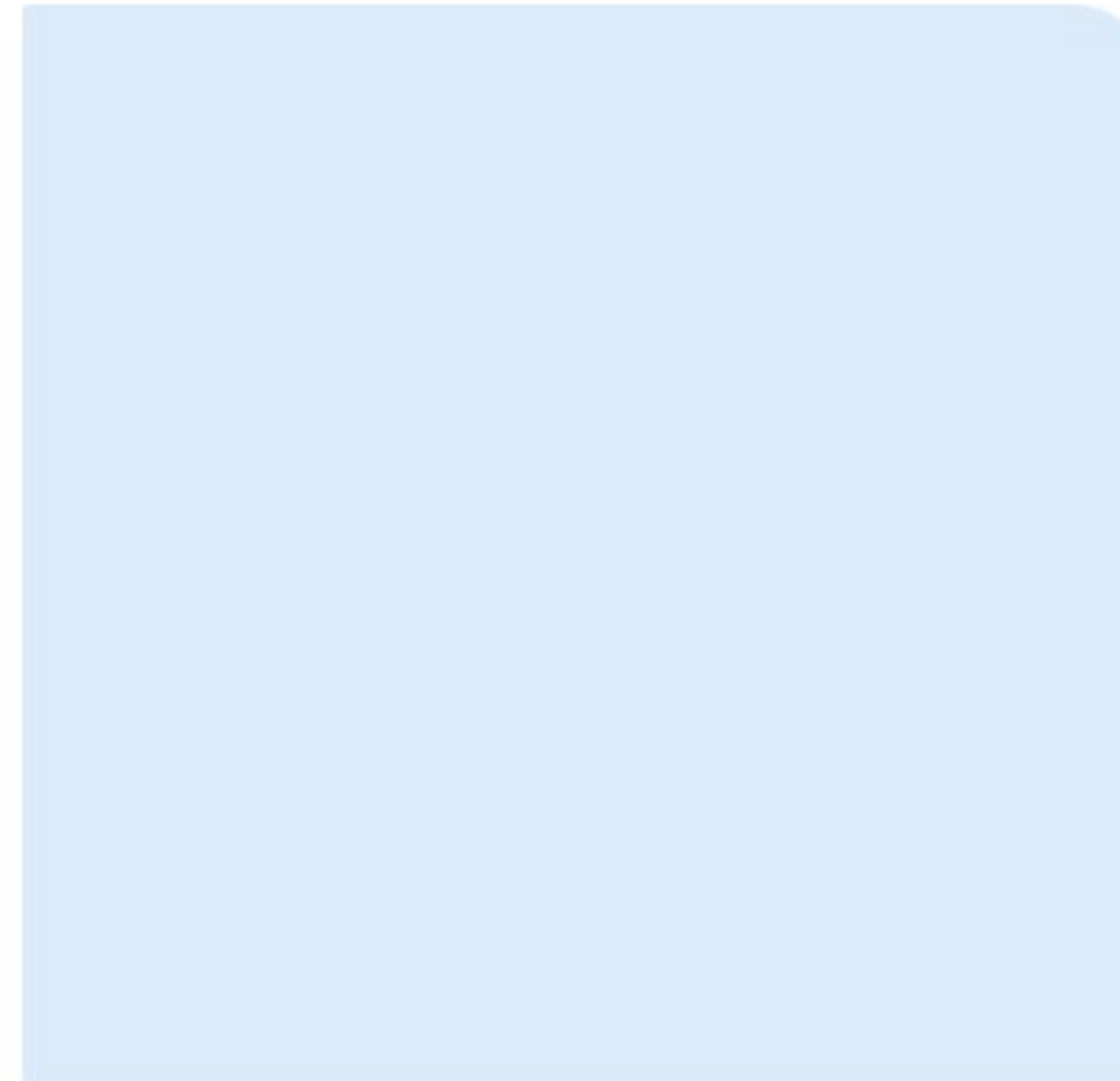
0 ✗

False

International students need to maintain full-time student status or else they can be deported.



143 



True

84 



False

There is a 90-day "grace period" **after** your study permit expires when you can still apply to extend your status .

0 ×

True

0 ✓

False

I can only see an International Student Advisor (ISA) for immigration related questions.

0 ×

True

0 ✓

False

Student Panel

Ayesha, Graduate studies, Biosystems Engineering

Jayveer, Undergraduate, Mechanical Engineering

Saran, Graduate studies, Biosystems Engineering



**What's one thing you would do differently
when you first arrived? (Saran)**

**What's one thing you think you did really well
when you first arrived? (Saran)**

How did you meet people and make friends on campus? (Jay)

What's your tips for managing both extra curriculars and your studies? (Jay)

What's your best tips for adjusting to the winter? (Ayesha)

**Tell us about the skills you've developed
through attending various International
Centre programs (Ayesha)**