# COMMUNITY SUPPORTS

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## ABOUT THE CENTRE

We are the longest continuously running 2SLGBTQ+ resource centre in Canada

We serve 2SLGBTQ+ individuals, their families, and allies in Manitoba



#### OUR WORK IN RELATION TO IPV

Programming and resource sharing:

- Youth Program
- Camp Aurora
- Older Adult Program
- Social Support Groups

Dissemination of information (e.g. findings from RESOLVE study)

Diversity & Inclusion Workshops



#### OUR WORK IN RELATION TO IPV

#### Counselling Program

- Understand that 2SLGBTQ+ community members may come to us before a specialized IPV service
- We know that 2SLGBTQ+ folks are less likely to report IPV due to experiences of homo/trans/bi/lesbophobia in agencies or with police



#### CAPACITY IN COUNSELLING

We help make that warm referral and support them with free short-term counselling

Work to train other agencies on 2SLGBTQ+ affirming competencies.

We can still provide counselling to folks if they are connected to another agency for IPV-specific supports



#### PROTECTION ORDER DESIGNATE

2 staff in the counselling program are in the process or receiving Protection Order Designation (POD)

Staff can assist participants to apply for a Protection Order, a Prevention Order, accompany them to Protection Order hearings, and provide information about supports for folks experiencing IPV

POD support will be available from Rainbow Resource Centre starting in January 2023



#### HOW COUNSELLING WORKS

We offer free short-term counselling (up to 12 sessions) to 2SLGBTQ+ people and their partners, parents, or families.

All ages (13 and under need guardian consent)

Sessions are between 50-60 minutes and are often bi-weekly

3 intakes yearly (take in approx. 50 clients)



#### TRIAGING PROCESS

Those who have needs that are outside of our capacity are contacted to make a warm referral to other agencies and see if we can support in other ways.

Not everyone has equal access to services and many population groups have been underserved. We aim to remove barriers by making our intake process equitable. We have identified 5 population groups who we will be prioritizing in our triaging process.



#### PRIORITY POPULATIONS

- Identify as Black, Indigenous and/or a person of colour
- Are residing in a rural or Northern community
- Are a youth (aged 21 and under)
- Are an older adult (aged 55±)
- Are financially insecure (e.g., little/no expendable income, difficulty paying for basic needs such as housing/rent, medications and groceries, etc.)



### CONTACT US



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