WE ARE HERE TO HELP
The University of Manitoba is committed to creating an inclusive and supportive environment for all students.

CAREER COMPASS
PSYCHOLOGY
UNIVERSITY OF MANITOBA
PSYCHOLOGY AT THE UNIVERSITY OF MANITOBA

Recommend Annual Checklist
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The study of human behaviour, society and social relationships.

BY STUDYING PSYCHOLOGY
We are here to help you achieve your academic goals.

Psychology is the study of psychological biological processes, neuroscience and success.

Indigenous culture and shows the interconnectedness of development.

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This circular model is rooted in Student Advocacy Office and help centres:

University Health Service
Student Counselling Office
February, 2017

Student Residences
Student Accessibility Services
Homestay
Indigenous Student Centre
Daycare
Chaplains' Association
Active Living Centre
CAMPUS SERVICES
PERSONAL MANAGEMENT

UMANITOBA.CA/CAREERCOMPASS

Visit these resources:

UMSU
University 1 First Year Centre
Academic Learning Centre
International Centre
Academic Advising

B.A. GENERAL: 3 YEARS
B.A. HONOURS OR B.SC. HONOURS: 4 YEARS

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MAP OUT YOUR CAREER PATHWAY FROM THE START OF YOUR ACADEMIC JOURNEY!

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**Year 1**

**30 Credits**

Course requirements: PSYC 1200 or 1211 and 1221

To do this year:
1. Arts or science — what’s right for you? An academic advisor in the Faculty of Arts or Science can help you decide.
2. If you need academic support, visit the Academic Learning Centre for workshops or to meet with a learning skills instructor.

**ACADEMIC SUCCESS**

Start planning your career:
1. Meet with a career consultant to generate ideas on your interests, values, personality and skills.
2. Research occupations that match your skills and interests.
3. Set up a career/CONNECT account to view job postings and register for workshops and events.
4. Register for the Co-Curricular Record (CCR), an official record of university-approved activities.

**CAREER TIPS**

**Volunteer & Work Experience**

Link experiences to your career interests.
Options include:
1. Student groups including Undergraduate Psychology Students’ Association or Active Minds.
2. Volunteer with Healthy U or FEES: Students Helping Students or join the Student Leadership Development Program.
3. Student work opportunities including Work Study, STEP Services or Federal Student Work Experience Program.
4. Experiential education opportunities such as Alternative Reading Week Winnipeg.

Considering international opportunities?

Attend World Opportunities Week in November for information about opportunities around the world.
Explore communities and cultures you want to work with: Visit Migizii Agamik, the International Centre for Students or learn about local agencies via the Manitoba Contact Guide.

**CULTURAL OPPORTUNITIES**

**Sample Careers with an Undergraduate Degree and Related Experience**

*Please refer to the Academic Calendar for a complete list of program requirements.*

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**Year 2**

**60 Credits**

Course requirements: PSYC 2210 and 2260, 6 credit hours of PSYC at the 2000/3000 level

To do this year:
1. Should you follow a 3- or 4-year plan? Meet with an academic advisor and career consultant to map out your options.
2. Declare PSYC major to register for PSYC 2210 and 2260.
3. When choosing a minor, take courses that will open opportunities.

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**Year 3**

**90 Credits**

Course requirements: Honours: PSYC 3300, 3340 and 3630, plus all required courses for your B.A. or B.Sc. program* B.A. (3- or 4-year): 12 credit hours PSYC at the 2000/3000 level B.Sc. (Major): 18 credit hours PSYC at the 2000/3000 level

To do this year:
1. Meet with a psychology advisor for honours and B.Sc. major program approval.
2. Confirm eligibility to graduate with an academic advisor and declare intent to graduate in Aurora (3-year option).

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**Year 4**

**120 Credits**

Course requirements: Honours: PSYC 4520 (Thesis), plus all required courses for your B.A. or B.Sc. program* B.A. (4-year) or B.Sc. (Major): 18 credit hours PSYC at the 2000/3000 level

To do this year:
1. Meet with a psychology advisor for honours and B.Sc. major program approval.
2. Confirm eligibility to graduate with an academic advisor and declare intent to graduate in Aurora.

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**SAMPLE CAREERS WITH AN UNDERGRADUATE DEGREE AND RELATED EXPERIENCE**

**Academic Advisor**
Advertising Account Executive
Autism Tutor
Border Services Officer
Career/Employment Counsellor
Community Support Worker
Corrections Officer
Developmental Service Worker
Fundraising Coordinator
Immigration Settlement Worker
Life Skills Coach
Market Research Analyst
Mental Health Worker
Policy Analyst
Probation/Parole Officer
Rehabilitation Consultant
Research Assistant
Sales Representative
Social Program Coordinator
Special Events Coordinator
Volunteer Coordinator
Youth Worker

**OPTIONS REQUIRING OTHER EDUCATION**

Child Life Therapist
Family & Marriage Therapist
Guidance Counsellor
Human Resource Specialist
Mental Health Nurse (RN)
Neuropsychologist
Occupational Therapist
Psychiatric Nurse
Psychologist
Speech-Language Pathologist
Substance Abuse Counsellor
Teacher