



# 2012 CUSC SURVEY OF GRADUATING STUDENTS

## Special Report on Recreational Activities September 2012

This report summarizes graduating students' perceptions of and satisfaction with University of Manitoba's recreational facilities from the 2012 CUSC Survey of Graduating Students. The 2012 survey included those who had registered to graduate in 2012 from the University of Manitoba. Results are compared to the 2011 CUSC Survey of Undergraduate Students, which surveyed undergraduate students in any year of their studies. Some tables in this report will not sum to 100% because of non-responses to questions that have been included in the calculations, but are not shown.

### USE OF RECREATIONAL FACILITIES

In 2012, 61% of students reported using the recreational facilities at the University of Manitoba. This compared to 41% in 2011.

#### The most important reason for using recreational facilities is to improve physical health

As shown in Table 1, students said the most important reason for using recreational facilities was to *improve physical health* (88%). A majority also said it was important to use recreational facilities to *reduce stress* (68%). *Creating a sense of community among students* (14%) and *having an opportunity to socialize* (23%) were selected less often by students. Generally, results in 2012 were similar to those from 2011.

**TABLE 1: Most important reasons for using recreational facilities**

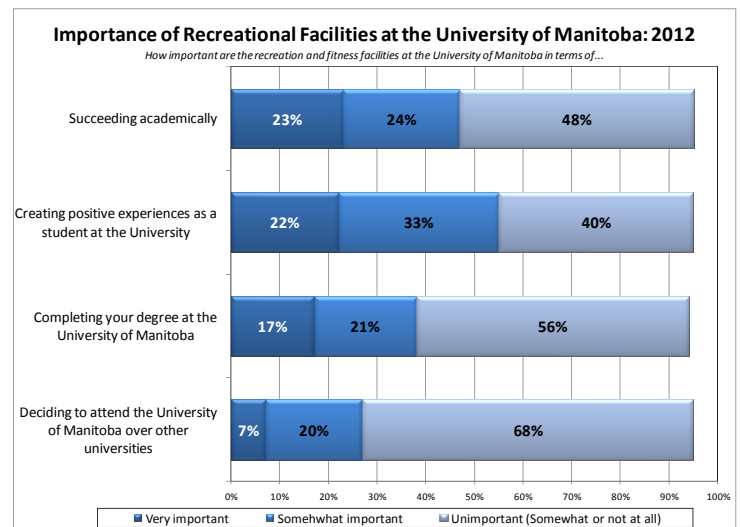
	2012 (n = 463)	2011 (n = 129)
Improving physical health	88%	78%
Reducing stress	68%	61%
Improving mental health	43%	39%
Increasing self-confidence	42%	43%
Increasing self-discipline	34%	32%
Having opportunities to socialize with students	23%	29%
Creating a sense of community among students	14%	17%

Note: Students could give more than one response; therefore, columns will sum to more than 100%.

### IMPORTANCE OF RECREATIONAL FACILITIES

Figure 1 shows students' ratings of the importance of recreational facilities on four factors. Results show:

- At more than half, students thought recreational facilities were most important for *creating positive experience as a student at the*, with 23% said this reason was very important.
- Just less than half said *university succeeding academically* was most important, including 22% who said it was very important.
- About 4 in 10 thought that recreational facilities were important in terms of *completing their degree at the University of Manitoba*, including 17% who think it is very important.
- About 3 in 10 thought recreational facilities were important when *deciding to attend the University of Manitoba over other universities*, although just 7% thought it was very important.



**Figure 1**

Results are similar to the 2011 survey, although slightly more said that recreational facilities were very important when *deciding to attend the University of Manitoba over other universities* in 2011 (15%).