

WRHA Cardiac Sciences Program

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ADDRESSING THE CARDIAC CARE NEEDS OF MANITOBANS.



A LETTER OF APPRECIATION to **STAFF** of the CARDIAC SCIENCES PROGRAM

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We've done it! After months of meeting, planning and anticipation, the Cardiac Sciences Program is now largely under one roof at St. Boniface General Hospital. The Bergen Cardiac Center presently houses cardiology, cardiac catheterization, echocardiography, pacemaker and electrophysiology labs, the pre/post procedure room as well as the outpatient clinics on Y2 and cardiology medical education and administration located on Y3. The newly-formed cardiac ICU is in the main building on L2, with the cardiology in-patient ward on A5 and the cardiac surgery in-patient ward on B2.

In order for all of this to happen, each and every one of you had to make room in your already crowded schedules; work longer hours; deal with difficult situations; assess and review priorities; share your thoughts and generally go the extra mile while maintaining your commitment to patient care. Dedication and enthusiasm like yours makes this program the success it is. **THANK YOU!**

While this consolidation is another major accomplishment in our program's development, change is stressful to all of us and to our families too. We recognize that both the staff at Health Sciences Centre and St. Boniface General Hospital had to address the change personally and wish to express our appreciation for the many years of service to cardiac patients. As we integrate best practices of both centers, your legacy of excellence in care will continue to grow.

We are grateful and very proud to work in partnership with you! Together, we have achieved significant success and we are confident that we can build on these achievements to offer cardiac patients in this province one of the best Cardiac Sciences Programs in the country.

Yours truly,

Dr. Alan Menkís *Francis LaBossière* *Ken Rannard*

CARDIAC CREDITS ...

➤ On Feb 10th Program staff, family and friends braved the cold to enjoy a sleigh ride and pig roast at Qsar Ranch, in Stonewall. Thanks to **Leonard Streilen** (Clinical Assistant) for organizing what may very well be the "1st Annual Cardiac Sciences Program Supper & Sleigh Ride"!

➤ Congratulations to **Todd Koga**, Clinical Perfusionist, HSC who was the recipient of the President's Award as the outstanding perfusionist for 2006. Todd received the award at the Annual General meeting of the Canadian Society of Clinical perfusion in Vancouver at CCS, 2006.

➤ Congratulations to **Dr. Shelley Zieroth, Dr. Collette Seifer, Estrellita Estrella-Holder, Dr. James Tam and Dr. Davinder Jassal** on their well received presentations at the Canadian Cardiovascular Society meetings in Vancouver in October '06.

COMING UP ...

➤ *Manitoba Aboriginal Nurses Conference*, March 23 & 24, 2007. This conference is of interest to nurses working in Aboriginal communities, nursing students, educators, employers, unions, regulatory authorities and other stakeholders. For more information contact Amy McPherson at 926-7092 or by email at amcpherson@wrha.mb.ca.

➤ "A Pound of Prevention and a Megatonne of Care" – a professional development symposium on Healthy Lifestyles & Prevention of Chronic Illness; May 10th (Canad Inns, Fort Garry) & "Resuscitation Day" May 11th, 2007, Victoria General Hospital Classrooms. For registration information contact Carol Dola, c/o CIARE, Victoria General Hospital; telephone: 477-3374.

A Day in the Life of ... SBGH's Pre/Post Procedure unit (Y2)



It's **7:30 am** on a Wednesday and we are in Y2 at the Bergen Centre at St. Boniface General Hospital. Booking Clerks, **Cynthia** and **Margaret**, tell us there is a full slate of patients in the Cath Labs, the EP (Electrophysiology) and Pacemaker implant rooms, there are 2 Transesophageal Echocardiograms (TEE) booked for Stress Echocardiology and one patient is slated for Cardioversion. All this translates for a busy day for staff in the pre and post procedure room on Y2.

7:45 am: Mrs. Jett has arrived in the unit for an elective cardioversion. She has been admitted by her nurse, **Kelly**. Unit Assistant **Carmela** is at her bedside setting up for the procedure. At 8:00 Cardiologist, **Dr. Sinha** and anaesthetist, **Dr. MacKenzie** arrive and within minutes, the cardioversion is done. Kelly goes to the waiting room to speak to Mrs. Jett's husband. She tells him the procedure went well, Mrs. Jett will be monitored for the next two hours and be ready for discharge by 10:30 am.

08:00: **Elaine** (RN) goes to the Y2 registration area to greet Mrs. Doran who is slated for a pacemaker implant. She escorts Mrs. Doran to a change room and shows her where to store her clothing and personal

belongings in nearby lockers. Once changed, Elaine directs her to a bed in one of the unit's 17 stations. Here Mrs. Doran has her vital signs recorded, has an intravenous started, her skin prepped and once prepared, is taken across the hall to the Pacemaker Implant room. When the procedure is done arrangements have been made to transfer her to a bed on 6AW where she will be monitored overnight and discharged tomorrow morning.

11:00: Mr. Ennat is scheduled for a TEE in the unit and **Dr. Tam** is the Cardiologist who will be doing the procedure. **Claudette** (RN) will assist Dr. Tam and once the procedure is done, will monitor Mr. Ennat for the next six hours and, all going as expected, will discharge him to home in the care of his son.

13:00: Mr. Adde has been transferred, by ambulance, from the Grace Hospital and has had a heart catheterization. His nurse, **Karen**, has been monitoring him for the last three hours and has just removed the catheter sheath in preparation for his transfer back to the Grace.

15:00: Mr. Miit in station # 7 has also had a heart catheterization. His nurse, **Jan**, has been following him since his admission to the unit earlier today. Jan is at the desk speaking to the Unit Clerk, **Janis**, to confirm his transfer to an overnight bed on 5ACM.

17:00: At the desk, Janis & Elaine check the slate for tomorrow and prepare charts for the patients listed. **Bernie** and **Camille** set out IV's and procedure/prep trays at each bedside - ready for the morning.

18:10: The last outpatient has been discharged, WRHA Transport Services arrive to take Mr. Adde back to the Grace and the lights go out ... on a typical day in Y2's Pre and Post Procedure Unit.

RECENT APPOINTMENTS...

Welcome to:

- **Jocelyne Edwards**, Administrative Assistant to Francis LaBossière and Ken Rannard. Jocelyne brings to the Cardiac Sciences Program a wealth of experience from the private sector, is a gifted translator, fluent in 5 languages!
- **Dr. Ali Khadem** who has successfully completed the Manitoba Non-registered Specialist Assessment program in Cardiology and has joined our cardiac program as an assistant professor of medicine subspecialty in electrophysiology.
- **Sheila Bowles**, Program Team Manager, Cardiac ICU, effective January 29, 2007. Sheila will be responsible for the day-to-day management of the Cardiac ICU and the planning of the new Cardiac ICU in the I.H. Asper Clinical Research Institute.

- **Sandra Gibb**, Cardiac Surgery Waitlist Coordinator who joined Peg Holt and Zoe Atamanchuk, in the Waitlist Office in January 2007.
- **Dr. Richard Townley** who is here as a Locum physician in the area of Interventional Cardiology over the next year. Dr. Townley trained in Cardiology and Interventional Cardiology at Dalhousie University and was recently on staff as an Interventionalist Cardiologist at Dalhousie.

TALKBACK CORNER ...

We invite your feedback Please forward articles for the newsletter or questions/ comments for the Cardiac Sciences Program Team to Z3055, 409 Taché, R2H 2A6, by email to ahawkins@sbgh.mb.ca or via the "Contact Us" link on our website, www.cardiacsciences.mb.ca