

# STUDENT COUNSELLING CENTRE PRE-DOCTORAL INTERNSHIP PROGRAMME IN PROFESSIONAL PSYCHOLOGY

STUDENT  
COUNSELLING  
CENTRE (SCC)



**University  
of Manitoba**

# PRE-DOCTORAL INTERNSHIP PROGRAMME IN PROFESSIONAL PSYCHOLOGY

The Student Counselling Centre (SCC) at the University of Manitoba invites applications to our CPA accredited Pre-doctoral Internship Programme in Professional Psychology. The SCC internship has been accredited since 1991 and is one of only four post-secondary counselling services in Canada to be accredited. Our internship invites applications from qualified candidates in APA or CPA accredited Counselling Psychology and Clinical Psychology programs.

**WHY TRAIN WITH US?** We offer a unique, student-centered training experience within a dynamic and challenging clinical environment. As the primary mental health service for a campus of 32,000+ students, the SCC will provide you with the opportunity to work with a very diverse clientele, including Indigenous students and international students from more than 100 countries. You will also be exposed to a full range of presenting issues, including acute and chronic mental conditions, co-occurring disorders, and developmental concerns.

**We employ a developmental training model** with ongoing concurrent experiences that we believe best prepares you for your future work as a Psychologist. We work with each intern to identify their interests, strengths and training needs to develop an internship year that will facilitate them reaching their professional goals. The cumulative training experience we provide continually builds intern's knowledge and skills and helps them develop professional management skills key for future success.

To prioritize your development, **the SCC devotes significant resources to supervision and training.** Interns receive an average of five hours of supervision weekly with opportunities for professional consultation on a daily basis. In addition, we also provide a training seminar focusing on topics such as diversity, advocacy, case conceptualization, crisis counselling, and more.

## WHAT OUR PAST INTERNS HAD TO SAY:

*"The most valuable part of the internship for both my academic job and private practice was the excellent supervision I received and of course, the opportunity to work with a wide range of clients. I wish I could have had another year of training at the SCC."*

*"This internship had a huge impact on my professional development and was incredibly rewarding."*

## UNIQUE TRAINING EXPERIENCES:

- Training in couples counselling informed by the empirically validated Gottman approach;
- Didactic and experiential training in supervision, including supervised practice as the primary supervisor of a master's level practicum student;
- Offering culturally-relevant mental health services in our Indigenous Student Centre (Migizii Agamik);
- Receiving training and experience in individual crisis counselling and large-scale trauma debriefings;
- Career counselling and outreach training;
- Assessment training in our Learning Disability Services Clinic;
- Opportunity to develop and facilitate your own groups and workshops.

**OUR PAST INTERNS** Our interns have gone on to successful careers in a variety of settings in Canada and the United States including:

- Post-secondary counselling centres (as staff and Directors);
- Academic and clinical faculty positions;
- Community agencies;
- Hospital and medical settings;
- Private practice.

**MORE ABOUT OUR INTERNSHIP** We highly value life balance and self-care and will work with you to facilitate a memorable and enjoyable experience that will prepare you for future success. To help with this, your work week and year will include:

- Work hours from 8:30 am to 4:30 pm weekdays with no on-call times;
- Four weeks paid vacation, all statutory holidays, and 10 additional paid days during the December holiday closure;
- A comprehensive staff benefit package including extended medical and dental coverage;
- Your own private fully equipped office.

The University of Manitoba is our region's largest and only research intensive university offering 100 academic programs, including professional disciplines such as medicine, law and engineering. The University of Manitoba is located on Anishinabe and Metis traditional land and is home to a thriving community of Indigenous researchers, staff and more than 2,000 First Nations, Metis, and Inuit students.

With an ethnically diverse population of over 700,000, Winnipeg is the ninth largest city in Canada and has been described as the "cultural cradle of Canada" and offers an array of talented artists, significant architecture, award-winning musicians and athletes, and legendary festivals and cultural events.

# STUDENT COUNSELLING CENTRE (SCC)

## FORT GARRY CAMPUS

### Main Office

474 University Centre

Phone: 204-474-8592

Hours: 8:30 am to 4:30 pm, Monday to Friday

## BANNATYNE CAMPUS

S207 Medical Services Building

Phone: 204-474-8592

Hours: Noon to 7:00 pm, Monday to Thursday; 8:30 am to 4:30 pm, Friday

## INDIGENOUS STUDENT CENTRE, MIGIZII AGAMIK (BALD EAGLE LODGE)

Phone: 204-474-8850

Hours: 8:30 am to 4:30 pm, Thursday only

## COLLEGE OF NURSING LOCATION

### (ONLY FOR COLLEGE OF NURSING STUDENTS)

Phone: 204-474-8592

Hours: September to April only

**[UMANITOBA.CA/STUDENT/COUNSELLING](https://umanitoba.ca/student/counselling)**



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